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metro

FANCY A  
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## A shift in our foreign policy?

Canada's days of taking the 'middle path' in world affairs are over, according to Foreign Affairs Minister John Baird **PAGES 10 & 11**

ONE ALBERTA RESTO DOESN'T. METRO FAST-FORWARDS TO 2064 WHERE EMPLOYMENT LEVELS PLUMMET **PAGES 12 & 13**



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## FEDS GET AN F FROM FIRST NATIONS

A woman puts her hand on a girl's shoulder on Wednesday during an aboriginal protest in Ottawa against the First Nations Education Act and a proposed law that targets tobacco cultivation and smuggling on reserves. The protesters also called for an inquiry looking into why so many aboriginal women have been murdered or have gone missing. See story, page 3. ADRIAN WYLD/THE CANADIAN PRESS

## Nephew charged with murdering his uncle

**Hit by a 'blunt object.'**  
Charges come after six-month investigation



LUCY SCHOLEY  
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A Gatineau man has been charged with second-degree murder in the death of his uncle, Yvon Normand.

After a six-month investigation, a SWAT team arrested 40-year-old Richard Bisson outside a house on rue Lois on Tuesday afternoon. Police would not say whether it was the suspect's address.

Normand, a 58-year-old commissionaire, died as a result of a head trauma after he was hit by a "blunt object," Chief-Inspector Marc Leduc told reporters on Wednesday.

Normand's body was found on his property at 476 rue Pierre-Lafontaine on Nov. 11, 2013, which police say was two days after he was

killed.

His house was under renovation. A man who was doing construction work discovered Normand's body.

Police said Bisson would occasionally work for his uncle, but would not specify whether he was helping renovate this particular house.

Bisson, a tall, skinny man, briefly appeared in court on Wednesday afternoon. He will appear again on June 19.

"We gave 24 DVDs and CDs to the defence, which is the disclosure, for the moment, of the evidence that we have and the file against Mr. Bisson," said Crown lawyer Sylvain Petitclerc. "There's more evidence to come."

Bisson has a criminal record that dates back to 1992 and includes drug offences and break and enters.

Leduc said Normand's death marked Gatineau's fifth homicide in 2013. All cases for that year have been solved, he said.

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# First Nations schools

## 'They shouldn't tell us how to raise our children'

More than a thousand angry Idle No More supporters from across Canada marched on Parliament Hill Wednesday to challenge two pieces of legislation: the controversial education Bill C-33, and Bill C-10, which targets the aboriginal tobacco industry.

Introduced in February, Bill C-33 outlined a series of educational reforms that the government says will bring First Nations schools in line with standards off reservation, mandating academic standards for teachers and attendance requirements for students.

C-33 has been rejected by most First Nations chiefs — including former Assembly of First Nations National Chief Shawn Atleo — as an echo of the residential schools that First Nations children were forced to attend throughout most of the last century.

"We don't want a bill that doesn't respect our jurisdictions," said Ghislain Picard, regional chief of the Assembly of Nations for Quebec and Labrador. "Their one-size-fits-all concept doesn't work...."

The Ministry of Aboriginal Affairs has no expertise in education. They shouldn't tell us how to raise our children."

On the week the Harper government committed troops to Nigeria to rescue abducted schoolgirls, protesters also held a special memorial for the nearly 1,200 aboriginal women that have been murdered or gone missing in Canada in the past 30 years.

DENIS ARMSTRONG/FOR METRO

## Ottawa Hospital. Guard who molested patients should get 8 years: Crown

A former security guard at The Ottawa Hospital convicted of two sexual assaults against two female patients with mental disabilities should serve eight years in prison, a Crown prosecutor argued Wednesday.

Clinton Russell, 44, was found guilty in January of forcing a patient who functions at the level of an eight-year-old child to perform oral sex. He had pled not guilty to both counts of sexual assault and sexual exploitation of a person



Clinton Russell, 44, leaves the Ottawa courthouse Wednesday.

JOE LOFARO/METRO

with a disability.

Last October he was convicted on the same charges in relation to a complaint from another patient. JOE LOFARO/METRO

## Investigation. Staff review safety after psych unit patient kills himself

The Ottawa Hospital will be reviewing its security procedures to "ensure public safety" after a psychiatric unit out-patient locked himself in the bathroom with a shotgun and killed himself Wednesday morning.

The incident didn't affect patient care, according to hospital spokesperson Hazel Harding, but it left staff members and patients shaken. She said the hospital is reviewing procedures "as a

precaution."

Police said they were called to the hospital at 10:58 a.m. after a self-inflicted fatal gunshot wound in the hospital's psychiatric ward.

A police source told Metro the man used a shotgun to end his life after locking himself in a bathroom.

No one else was injured in the incident and police continue to investigate.

TREVOR GREENWAY/METRO, WITH FILES FROM JOE LOFARO

# Chinese community honours B.C. hero

## Drowning rescue.

Robert 'Woody' Wudkevich saved local boy from Cuban waters

The B.C. man who saved a seven-year-old Ottawa boy from drowning while on vacation in Cuba was honoured Wednesday by members of Ottawa's Chinese community and NDP MP for Ottawa Centre Paul Dewar.

Dewar, and Jinsheng Xue and Saoyong Liu of the Ottawa Chinese-Canadian Heritage Centre, presented Alex Atamanenko, NDP MP for British Columbia Southern Interior, with a plaque for Robert "Woody" Wudkevich, the Nelson, B.C. native who rescued Connor Liu.

Atamanenko will present



Ottawa Chinese-Canadian Heritage Centre president Saoyong Liu and past president Jinsheng Xue pose for a photo with Alex Atamanenko, NDP MP for British Columbia Southern Interior, and NDP Ottawa Centre MP Paul Dewar, Wednesday. DENIS ARMSTRONG/FOR METRO

the plaque to Wudkevich at his constituency office next week.

On March 19, the final day of the Liu family's first vacation in Cuba, Connor and his father were swimming in shallow water when a strong undertow

swept the boy out into deep waters. Wudkevich was on the Varadero beach when he heard Connor and his father Yue Liu's cries for help.

Wudkevich rescued Connor, but could not reach the older

Liu, 40, who was carried out into deep waters by a strong current while attempting to save his son.

The accident has devastated Liu's widow Fanyan Bu and their nine-year-old daughter, and touched thousands of Canadians. A fundraiser by Ottawa's Chinese-Canadian community was set up to help the Liu family pay \$30,000 in funeral expenses and get the family back on their feet, and has now raised more than \$100,000.

"Woody's a true hero for the Chinese community and all Canadians," said Jinsheng Xue. "He could have lost his own life. People like him are special."

"It's like two stories, of heroic action in a horrible tragedy," said MP Dewar. "The Chinese community appreciates Woody in a genuine way."

DENIS ARMSTRONG/METRO

1 NEWS



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metro

04

NEWS

metronews.ca  
Thursday, May 15, 2014



Misbahuddin Ahmed, 30, walks to the Ottawa courthouse Wednesday to face trial on terrorism-related charges.

JOE LOFARO/METRO

# Ottawa terror trial begins

**Misbahuddin Ahmed.**  
Remote bomb trigger  
diagrams, how-to  
instructions found in  
home, police allege



JOE  
LOFARO  
joe.lofaro@metronews.ca

A terrorism trial began Wednesday for an Ottawa man whose house was raided by RCMP officers in 2010 where they found jihadist literature and materials used to build explosive devices tucked away inside a President's Choice grocery bag. Misbahuddin Ahmed has

pleaded not guilty to charges of conspiring to facilitate terrorist activity, participating in a terrorist group, and possession of explosive substances with the intent to cause injury or damage to property. The diagnostic imaging technician at The Civic Hospital in Ottawa was arrested at his home on Aug. 25, 2010.

The trial begins amid a separate terror trial for Ahmed's alleged co-conspirator, Dr. Khurram Sher. He is accused of conspiring to facilitate terrorist activity and is waiting on a verdict next month from Justice Charles Hackland.

Crown prosecutor Jason Wakely told the 12-member jury in opening arguments Wednesday Ahmed was sup-

porting acts of "violent Islamic jihad in Canada and abroad."

The grocery bag found in his home at the time of his arrest was originally discovered when RCMP officers covertly entered the west-end home of another alleged co-conspirator for the first time on Feb. 12, 2010, according to an agreed statement of facts. That man cannot be named due to a court-ordered publication ban.

The Crown alleged Ahmed was the "right-hand man" to the founder of the Ottawa-based group. Wakely said he intends to call 10 to 12 witnesses to prove his case to the jury and will enter intercepted communications such as emails and phone calls as evidence.

Security certificate

## Court upholds terror case against Harkat

Terror suspect Mohamed Harkat is a step closer to being deported, but his ultimate fate remains unclear even after a decisive ruling from the Supreme Court of Canada.

The high court upheld the national security certificate against Harkat, opening the door Wednesday to the next step in removing him from Canada.

Harkat, 45, has expressed fears he could be tortured if returned to his native Algeria. But he is beginning to run out of options in the long-running bid to clear his name.

The Supreme Court also rejected Harkat's constitutional challenge of the security certificate regime, unanimously ruling the process — while not perfect — is consistent with the Charter of Rights and Freedoms.

The former pizza delivery man was taken into custody in Ottawa in December 2002 on suspicion of being an al-Qaida sleeper agent. He denies any involvement with terrorism.

The federal government is trying to deport the Algerian refugee on a security certificate: a seldom-used tool in immigration law for removing non-citizens suspected of extremism or espionage. **THE CANADIAN PRESS**



Mohamed Harkat  
THE CANADIAN PRESS

## Westboro. Rejecting condo 'the right thing': Mayor

Ottawa Mayor Jim Watson says he supports a planning committee's decision to reject a 12-storey condo project in Westboro, but the developer says he'll fight it.

"I think we did the right thing," Watson said Wednesday. "One of the things I hear ... in the community is that the public needs some level of certainty as to what's going on in their own neighbourhood."

Sam Mizrahi, president of Toronto-based Mizrahi Develop-



An artist's rendering of the proposed  
12-storey condo CONTRIBUTED

ments, said he's going to appeal the planning committee's decision at the Ontario Municipal Board (OMB). **LUCY SCHOLEY/METRO**

## Via Rail. New CEO to hold technical briefing on signal light glitches

Via Rail will hold another technical briefing on its beleaguered Barrhaven signal lights on Thursday afternoon.

Ottawa Mayor Jim Watson will meet new CEO Yves Desjardins-Siciliano. He said he's expecting to find out the "root problems" of the signal lights and the steps Via will take to restore confidence in the public about the railway crossings.

'Fail-safe mode'

Signal lights at several Via Rail crossings, including the Fallowfield Station, have been going into "fail-safe mode" more frequently and for longer periods than usual.

LUCY SCHOLEY/METRO



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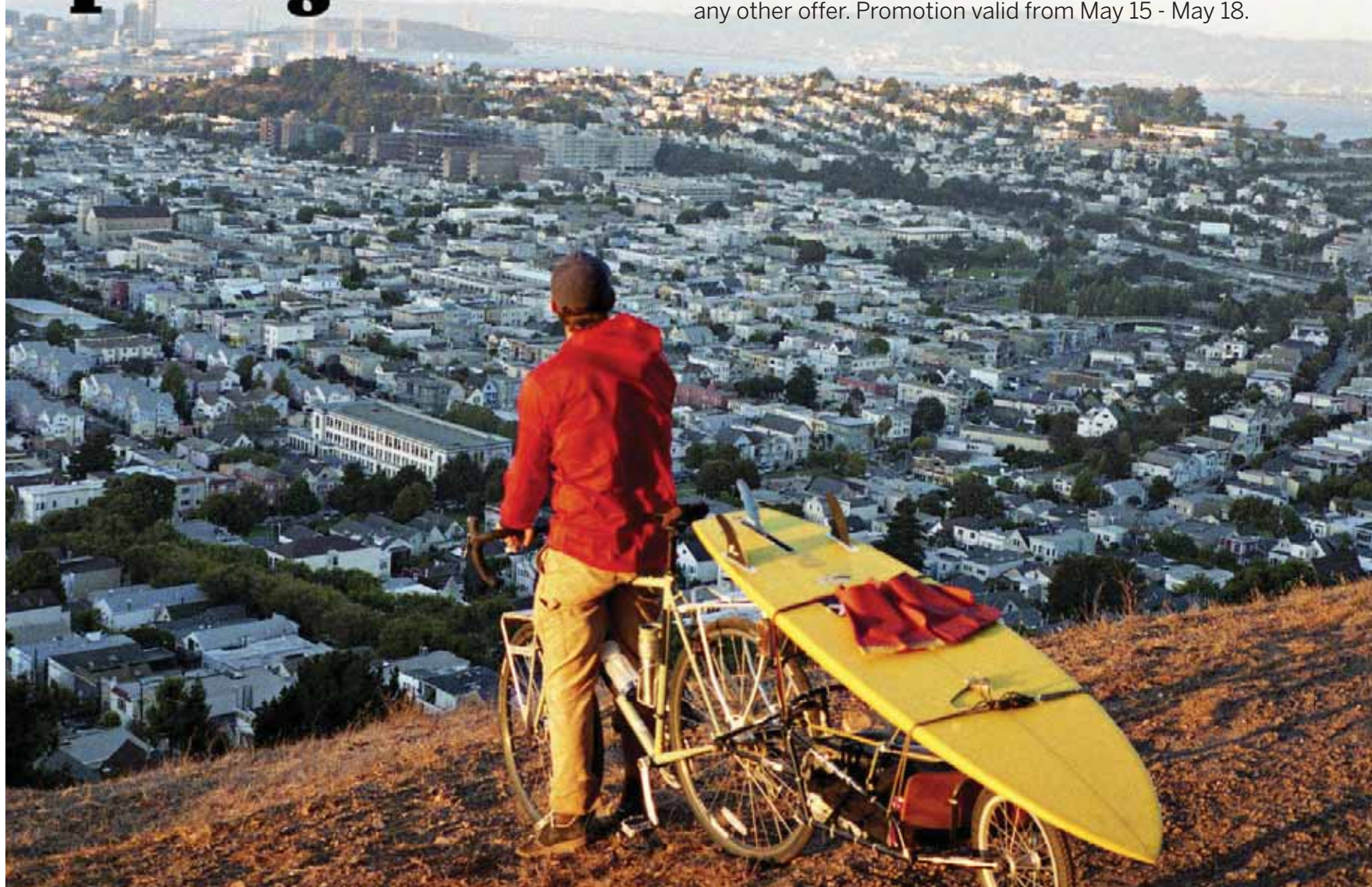
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## Canada's 150th birthday. Have your say in 2017 party celebrating our anniversary

Ottawa is throwing a 150th birthday bash for Canada and inviting everyone to help plan the party.

An open-mic style "ideas session" will take place at City Hall on June 8 from 1 p.m. to 3 p.m. Anyone can come give

input on the celebrations.

The city has budgeted \$200,000 this year and that will increase to \$500,000 in 2016 and 2017.

Canada's 150th anniversary will be in 2017.

LUCY SCHOLEY/METRO



Luc Montreuil, left, the vice-president of the executive committee of the City of Gatineau and Mayor Jim Watson show off the logo for celebrations tied to Canada's 150th birthday in 2017. LUCY SCHOLEY/METRO

### Off-duty

#### Cop charged with impaired driving

An off-duty cop in Ottawa has been charged with impaired driving and failing to provide a breath sample after a traffic stop May 7. Const. Marie Josée Seguin, 30, was stopped by RCMP officers on Hwy 417 at 2 a.m. Police allege she failed to provide a breath sample on site. Seguin was arrested and later released on a promise to reappear before the courts. **METRO**

### Malik Adjokatcher

#### Police offer \$50k reward to help solve homicide

Ottawa police are now offering a \$50,000 reward for information that will lead to the arrest and prosecution of a suspect or suspects in the unsolved homicide of Malik "Shylock" Adjokatcher. Adjokatcher was shot outside 119 Ritchie Street near Britannia on May 14, 2013. **METRO**

# Ottawa taco-fest to be 'Tac-O-The-Town'

**Move over, Tex-Mex.** The taco is getting cosmopolitan treatment at Ottawa Convention Centre this weekend



TREVOR GREENWAY  
trevor.greenway@metronews.ca

Fresh off his big win at Ottawa's Poutine Fest, Vincent Gobuya, owner of the Thai restaurant Green Papaya is bringing his award-winning food to the Mexican market.

His restaurant is in the midst of whipping up their very own Pad Thai taco and they will launch the creation at Tac-O-The-Town, Ottawa's first-ever taco-fest May 17.

Gobuya's tacos are packed with shrimp, chicken or tofu and topped with fresh cilantro; carrots, cabbage and crushed peanuts with the Green Papaya's signature pad thai sauce drizzled atop.

Gobuya doesn't hold back when championing his food.

"It's probably going to be another winner," he half joked during an interview with Metro. "It's all about how you crank it up in a festival. We are excited to actually get this thing like a well-oiled machine and ace it."

The Green Papaya is just



The Green Papaya will be whipping up chicken, shrimp and tofu Pad Thai tacos at Ottawa Taco-Fest this weekend. COURTESY THE GREEN PAPAYA

one of many vendors that will be slinging tacos at the Ottawa Convention Centre this Saturday. In fact, 22 restaurants in total will set up taco stands — some of which have never had tacos on their menu.

"A lot of restaurants don't even serve tacos, they are creating their own taco and selling it at this event," said Privé

Events founder Roy Abourgeili, referring to places like Vietnamese restaurant New Mee Fung and catering company Zest.

"You are going to come across Chinese tacos, Vietnamese tacos, Korean tacos, Mexican obviously, Filipino. All across the board — Sicilian tacos."

The event is 19-plus and

features a cash bar and dance music courtesy of two local DJ's. Gobuya says it's the "IT" event of the spring.

"It's a lot of young people, a lot of creative chefs," he said. "It's a nice night out."

Admission is \$15, with each vendor charging \$2-\$4 per taco.

Presale tickets are available online for \$10.

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## Recent fatal mine disasters

## 2013

Eighty-three workers are buried by a massive landslide at a gold mining site in Tibet.

## 2012

At least 60 people dead after a landslide at a gold mine in a remote corner of northeast Congo.

## 2011

Fifty-two people are feared dead in southwestern Pakistan after a gas explosion deep in a coal mine.

## 2007

At least 90 are killed in post-Soviet Ukraine's worst mining disaster in a coal mine near the eastern city of Donetsk.

## 2006

65 coal miners are killed from a gas explosion in San Juan de Sabinas, in northern Mexico's Coahuila state.

## 2005

214 miners die after an explosion deep in a coal shaft in southwestern China.

THE ASSOCIATED PRESS

# Turkey counts its dead

**Soma, Turkey.** Hope dwindling in search for survivors of coal mine catastrophe

Anger and grief boiled over into a violent protest Wednesday in the western Turkish town of Soma, where officials said at least 245 miners died in a coal mine explosion and fire.

Nearly 450 other miners were rescued, the mining company said, but the fate of an unknown number of others remained unclear in one of the world's deadliest mining disasters in decades.

Tensions were high as hundreds of relatives and miners jostled outside the coal mine waiting for news, countered by a heavy police presence. Rows of women wailed uncontrollably, men knelt sobbing and others just stared in disbelief as rescue workers removed a steady stream of bodies throughout the night and early morning. Others shouted at Turkish officials as they passed

by.

In downtown Soma, protesters mostly in their teens and 20s faced off against riot police Wednesday afternoon in front of the ruling NKP party headquarters. Police had gas masks and water cannons.

Authorities say the disaster followed an explosion and fire caused by a power distribution unit and the deaths were caused by carbon monoxide poisoning. Prime Minister Recep Tayyip Erdogan promised the tragedy would be investigated to its "smallest detail" and that "no negligence will be ignored."

Erdogan discussed rescue operations with authorities, walked near the entrance of the mine and comforted two crying women. He has appeared less-than-sympathetic in the past, however, saying that death was part of the "profession's fate" after 30 miners died in a 2010 accident.

Mining accidents are common in Turkey, which is plagued by poor safety conditions. **THE ASSOCIATED PRESS**



Rows of open graves for the mine accident victims are seen in Soma, Turkey, Wednesday. At least two hundred coal miners were killed after a mine explosion. Violent protests have erupted in several Turkish cities, targeting the mine's owners and the national government. In Soma rocks were being thrown and some people were shouting that Prime Minister Recep Tayyip Erdogan was a "Murderer!" and a "Thief!" **ASSOCIATED PRESS/DEPO PHOTOS**

## Washington

## Psyche test delays murder trial. Pistorius defence implies mental illness

Oscar Pistorius was ordered by a judge on Wednesday to undergo psychiatric tests, meaning that the double-amputee athlete's murder trial will be interrupted, possibly for two months.

The decision by Judge Thokozile Masipa followed a request for a psychiatric evaluation by the chief prosecutor, Gerrie Nel. The prosecutor had said he had no option but to ask for it after an expert witness for the defence testified that Pistorius had an anxiety disorder since childhood that may

have influenced his judgment when he fatally shot his girlfriend, Reeva Steenkamp.

He could be acquitted if it's found that he was not criminally responsible for Steenkamp's shooting because of a mental illness. The judge said it was important to assess his state of mind because of questions raised by the prosecution that Pistorius might argue he was not criminally responsible for the shooting because of his anxiety disorder.

**THE ASSOCIATED PRESS**



Oscar Pistorius leaves court in Pretoria, South Africa.

THEMBA HADEBE/THE ASSOCIATED PRESS

## WikiLeaker may receive gender hormone therapy

In an unprecedented move, the Pentagon is trying to transfer convicted national security leaker Pvt. Chelsea Manning to a civilian prison so she can get treatment for her gender disorder, defence officials said.

Manning, formerly named Bradley, was convicted of sending classified documents to anti-secrecy website WikiLeaks. The soldier has asked for hormone therapy and to be able to live as a woman.

Transgender people are not allowed to serve in the U.S. military and the Defence Department does not provide such treatment, but Manning can't be discharged from the service while serving her 35-year prison sentence.

The former intelligence analyst was sentenced in August for six Espionage Act violations and 14 other offences.

After the conviction, Manning announced the desire to live as a woman and to be called Chelsea.

**THE ASSOCIATED PRESS**



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# Former editor says he hacked Kate's phone



Kate Middleton GETTY IMAGES FILE

The former royal editor of the News of the World said Wednesday that he repeatedly hacked the voicemails of Prince William, Prince Harry and Kate Middleton in the months before he was arrested for illegal eavesdropping in 2006.

Under cross examination at Britain's phone hacking trial, Clive Goodman acknowledged he had listened to Middleton's voicemails 155 times, Prince William's 35 times and Prince

Harry's nine times.

Goodman was briefly jailed in 2007, along with private investigator Glenn Mulcaire, for hacking the phones of royal aides. But Goodman said police and prosecutors never asked him if he had also targeted members of the royal family.

"I have been as open and honest about hacking as I can be, but nobody has asked me any questions about this before," said Goodman, 56.

Earlier in the trial the jury was read transcripts of intercepted phone messages between William and Kate from the days when they were courting. She became the Duchess of Cambridge when they married in 2011.

Goodman said Kate was first targeted in late 2005, when she was becoming "a figure of increasing importance around the royal family."

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Canadian Foreign Minister John Baird addresses the American Jewish Committee (AJC)

## No more path' for

**Foreign policy.** Baird tells Washington audience Canada will no longer take an idealistic stance

A Washington audience heard an anecdote Wednesday about a young John Baird as the foreign affairs minister illustrated how much Canada's foreign policy has changed during his time in politics.

Baird told more than 1,000 people at an American Jewish

Congress convention about his days as a young staffer in the Mulroney government — a way of driving home his point about Canada's more idealistic foreign policy.

During a briefing that touched on the subject of rocket attacks on Israel, Baird recalled a civil servant telling him it wasn't easy in the Middle East to distinguish the good guys from the bad guys, or "the white hats from the black hats."

"Twenty years later, we don't have briefings like that anymore," Baird said to applause.

Halifax

### Teens accused of kidnapping friend, forcing him to steal

Three teens from the Halifax area face charges after they allegedly kidnapped another young man and ordered him to commit robberies.

The RCMP say the 19-year-old victim was arrested Monday after he walked into a convenience store in Wind-

sor, N.S., and told the clerk he was being forced to commit a robbery and to call police.

Sgt. Anthony Pompeo says the kidnapping was not random and the victim was friends with the three suspects.

The victim was not hurt and is not facing any charges.

Pompeo says the man was forced into a car in the suburb of Lower Sackville earlier in the day and threatened with violence.

THE CANADIAN PRESS

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Global Forum closing plenary in Washington, Wednesday. CLIFF OWEN/THE ASSOCIATED PRESS

# 'middle Canada

"There is no room for moral relativism."

Baird's address included familiar warnings about Iran and other neighbours of Israel that would imperil its existence.

"The days are gone when Canada's foreign policy was defined simply by taking the middle path, by testing the temperature of those around the table, and landing somewhere not too hot, not too cold," he said.

"Relativism isn't leadership — it's the easy way out."

Baird was preceded on stage by Hillary Clinton, former sec-

retary of state and presumptive front-runner should she choose to run for president in 2016.

On substance, the pair delivered similarly skeptical messages about Iran.

With nuclear talks resuming this week in Vienna, Clinton encouraged people to give diplomacy a chance, but expressed doubt that current efforts would stop Iran's nuclear program and called for new sanctions should the efforts fail. Even President Barack Obama has put the prospects of success at 50-50.

THE ASSOCIATED PRESS

Ohio

## No more kids for dead beat dad: Appeals court

An Ohio appeals court has upheld a judge's order that a father can't have more kids until he pays his back child support.

The decision this week by the appeals court didn't provide an opinion about whether the judge's order was

appropriate. Instead the appeals court said it didn't have enough information to decide the merits of the case without a copy of the pre-sentence report detailing Asim Taylor's background.

In January 2013, Judge James Walther said Taylor couldn't have more children while he is on probation for five years. The judge said the order would be lifted if Taylor pays nearly \$100,000 US in overdue support for his four children. THE ASSOCIATED PRESS

## Trudeau urged to drop abortion benchmark

The Roman Catholic archbishop of Toronto is asking Justin Trudeau to reconsider his decision to bar would-be Liberal candidates who do not endorse the party policy on abortion.

Cardinal Thomas Collins wrote to the Liberal leader Wednesday to say he is deeply concerned about the controversy.

Collins said he understands the need for party discipline,

but questions whether that discipline can extend to matters of conscience.

"Political leaders surely have the right to insist on party unity and discipline in political matters which are within the legitimate scope of their authority," Collins wrote.

"But that political authority is not limitless: it does not extend to matters of conscience and religious faith. It does not govern all aspects of life."

Trudeau has said the party won't accept new candidates who are not pro-choice on abortion, although sitting MPs will be allowed to run even if they oppose the practice.

"As a party, we are steadfast in our belief ... that it is not for any government to legislate what a woman chooses to do with her body, and that is the bottom line there," Trudeau said last week.

"I have made it clear that

future candidates need to be completely understanding that they will be expected to vote pro-choice on any bills."

In his letter, the cardinal reminded Trudeau — who was raised in the Catholic faith of his famous father — that the patron saint of politicians, Thomas More, was executed for following his conscience against the political authority of his day.

THE CANADIAN PRESS

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# Year 2064: Robot waiters

Today in 2064, the federal government is grappling with record unemployment levels due to leaps in artificial intelligence; a Fort McMurray restaurant has made a controversial move to hire human wait staff; and schools are under fire for a security breach in their learning modules.

## Bill aims to tackle record jobless rate

**Guaranteed Income Act.** Parliament moves to compromise on bill that will pump money into an economy stalled by 50 per cent jobless rate



LUKE SIMCOE  
Metro Online

A bill that would guarantee every Canadian a basic income — regardless of whether they have a job — took a step closer to fruition Wednesday, as the governing Newer Democratic Party introduced amendments to placate the Opposition.

Proposed changes include indexing the minimum income to inflation, tax credits for companies that hire human workers and stricter requirements on who can apply.

"The viability of the Canadian economy should transcend partisan bickering," NDP Leader Christina Sandberg said in a holocaust with reporters. "We're willing to meet the Neo-Conservatives halfway, but it's up to them to show Canadians they care more about the fortunes of people than robots."

The original bill was unveiled in 2063, less than three

### Find out the real story

- We didn't just make this stuff up! These stories are fictional extrapolations of research occurring right now. Go to [metronews.ca/features/metro-2064](http://metronews.ca/features/metro-2064) and read about Rice University in Houston's computer scientist Dr. Moshe Vardi and his predictions on how artificial intelligence will impact our workforce.



weeks after news broke that Canada's unemployment rate had tipped the scales at 50.3 per cent. The historic jobless numbers — driven largely by automation in the manufacturing and service sectors — sent the economy into a tailspin.

"What's the incentive for companies to make products or offer services if the majority of the population can't afford to buy them?" Bank of Canada president Tomas Grant intoned the day after the numbers were released.

The Opposition Neo-Con-

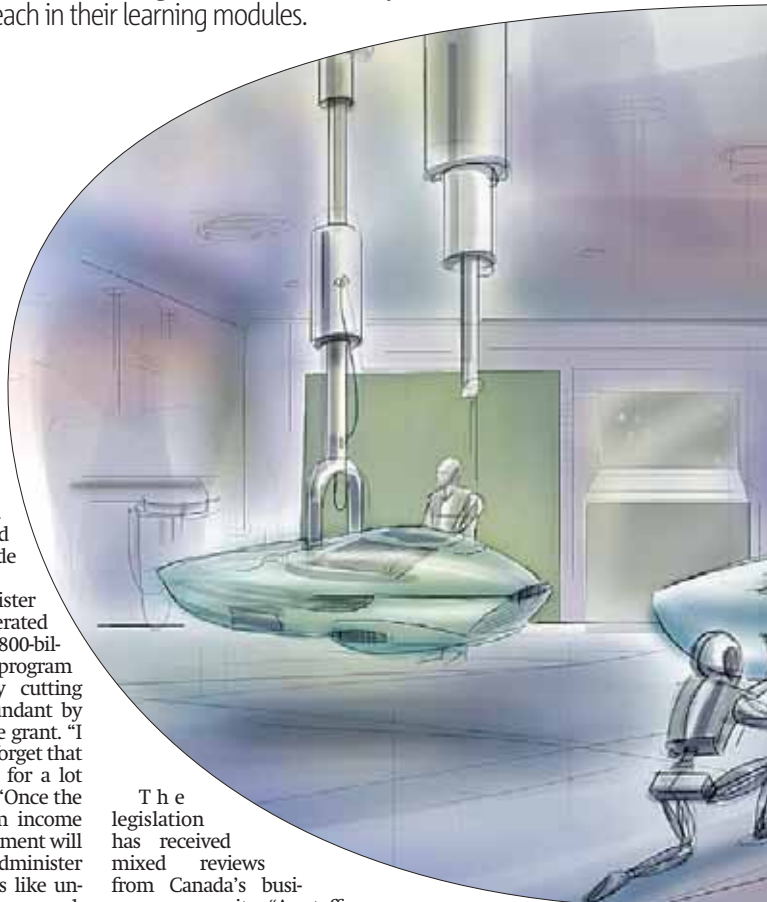
servative Party initially balked at the proposed Guaranteed Income Act, with leader Rich Wytteman calling it "a complete capitulation to socialism." However, in recent weeks there have been signs the party may have softened its stance.

Without some support from the Neo-Conservatives, the minority NDP won't have enough votes in Parliament to pass the legislation. In a bid to get the bill to second reading, the NDP introduced a watered-down version in the House Wednesday. The planned corporate tax

hike, which experts say is necessary to fund the program, has been reduced to 50 per cent from 65 per cent, and access to the program would be restricted to Canadian citizens. The NDP wanted coverage to include permanent residents.

NDP Finance Minister Brent Francis reiterated that nearly half the \$800-billion cost of the program would be found by cutting programs made redundant by the minimum income grant. "I think a lot of people forget that we're already paying for a lot of this," Francis said. "Once the guaranteed minimum income is in place, the government will no longer have to administer and pay for programs like unemployment insurance, welfare, skills training or child tax credits."

It remains to be seen whether the Neo-Conservatives will lend their support to the amended bill, or if they will provide an alternative solution to Canada's increasingly imbalanced economy. "Every day the government fails to act, more Canadian families suffer," said Kwame Johansen, an anti-poverty activist in Ottawa. "The economy has changed irrevocably, and we as a country need to change with it."



The legislation has received mixed reviews from Canada's business community. "As staffing costs have approached zero, we've seen profit margins soar in our industry," said Kevin Kelly, chair of the Canadian Restaurant Association.

"If this policy gets more people shopping and eating out, our members are confident that any losses from higher taxes will be offset by increased revenues."

"This is nothing but a tax on success," countered Chad Hanson, CEO of OfficeBot Industries, an Ontario-based company that supplies custom worker soft-

ware to the finance industry.

"Not only will this discourage companies from investing in Canada, it will discourage Canadians from getting the skills and education they need to thrive in this new economy."

Johansen called Hanson's comments "misleading."

"The era of big corporate tax cuts and incentives is over," he said. "It made sense back when these companies created jobs in Canada, but not now."

## Robot redundancy. NGO voices health concerns over Alberta restaurant's decision to hire human wait staff

An upscale eatery in Alberta is cooking up controversy by hiring human wait staff.

Tailing Ponds, a seafood restaurant in an affluent Fort McMurray neighbourhood, recently replaced its robot servers with humans in a bid to attract more clientele.

"With the invention of robo-servers, dining has become increasingly impersonal," said Frida Williams, the restaurant's owner. "We believe there's a market for fine

dining with a personalized, human touch."

Having to pay human staff is expected to double the restaurant's expenses, but Williams is confident her customers will shell out more to have their haddock served by a real person. Despite the initial capital investment in robo-servers, the cost of human servers is greater over time, Williams said.

"Our market research shows that not only do people

prefer human staff, they're also willing to pay a premium for that experience," she said.

The move has caught the attention of the Alberta Sanitation Society (ASS), a health-based NGO that sprang up in the wake of the deadly H9N1 outbreak in 2029.

Members of the group protested via holocaust outside of Tailing Ponds on Wednesday. "They may think this is a novelty, but having people

handle your food is a prime vector for disease transmission," said ASS activist Lindsey Hubler. "These diners might as well be eating their meals off of the floor."

Williams said the restaurant has complied with all municipal health bylaws, and stressed that the servers have little contact with the food.

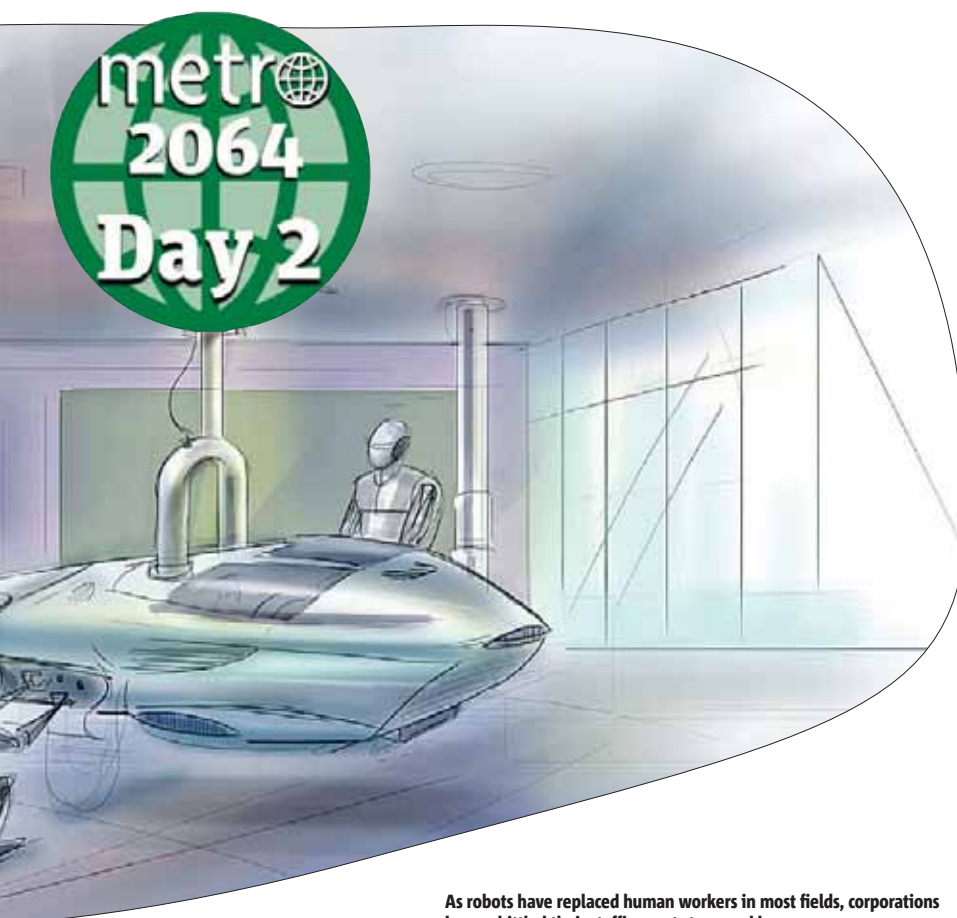
"Every meal is cooked personally by our Italian-made robot chef," she said.

LUKE SIMCOE/METRO



Tailing Ponds restaurant is getting rid of their robot waitstaff and replacing them with humans in a bid to attract more clientele. YURIDIGITAL.COM

# and 50% unemployment



As robots have replaced human workers in most fields, corporations have whittled their staffing costs to record lows.

ILLUSTRATION/ALEXANDRA NEWBOULD

## LURID SEX SCENE IN EDUCATION PROGRAM OUTRAGES PARENTS

DEENA DOUARA  
metronews.ca

Parents are expressing outrage after it was revealed on Wednesday that hackers had broken into LemonadeStand#2, a popular children's teaching module, and added a disturbing sex scene.

"This raises real concerns. I don't even know what to tell them," said Esmerelda, who says her children had previously taken courses in the LemonadeStand#2 program.

The hacked software was discovered when an eight-year-old student attending Canopy Childminding Centre in Auckland, Australia, asked her facilitator why a young couple was naked in the LemonadeStand module. The facilitator, Madiha Osman, says she blocked the module from the system and notified education officials at 4DEdu immediately.

"I was shocked," Osman told Metro. "At least the older students will be used to seeing such things but I don't want to be the one to explain sex to the younger ones. What if the couple asked the child to join them?"



Hackers have broken into LemonadeStand#2. SHUTTERSTOCK

She says children from seven to 12 years old typically access the program developed by the private education firm, with most users being around eight or nine. The module takes anywhere from two to six months to complete and the scene in question was discovered nearly halfway through the course.

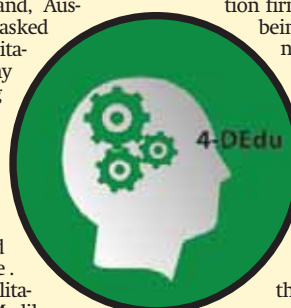
It is unclear at this point when the program was hacked, but officials told Metro they are investigating.

"We seriously doubt that this intrusion could have been inserted very long ago without any students mentioning it," said Education Canada's Deputy Minister Indira McKallie, "but we are working with 4DEdu and with police to pinpoint a timeline and safeguard against intrusions in other programs."

Parents say the response is not good enough. "What changes in security have they made since the war hacking?" said Chwinabe Okafor, head of the Urban Canadian Parents Association (UCPA). "The ministry has to be held responsible for what our children are experiencing. I wonder how they would feel if it was their kid interacting with the couple."

Police say the student was physically unharmed but they are working with 4DEdu to determine if any other children were touched or otherwise engaged with inappropriately. Counselors will also be working with the students.

LemonadeStand#2 is available in 38 countries and is a Business 1, Math 3, Reading 2, and Fitness 1 level program optimized for left-brain auditory learners, with Math and Fitness levels being adjustable.



### Find out the real story

- These stories are fictional extrapolations of predictions from experts. Go to [metronews.ca/features/metro-2064](https://metronews.ca/features/metro-2064) to read what education specialist John Kershaw and senior education strategist Joe Wilson think will happen to the way we educate students in the future.



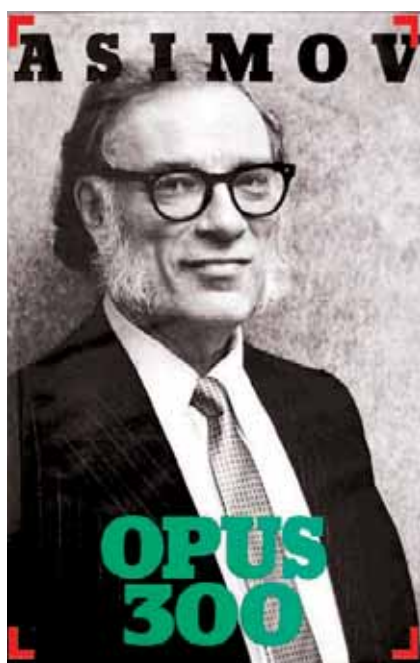
### Education

## Calls for oversight in wake of intrusions

A number of intrusions in the past few years have led parents to campaign for greater government oversight of 4DEdu and Sail Global, the two largest education firms in the market.

In March of last year it was discovered that operatives had hacked into a New Canadian Bank-sponsored B15M11 module that would lead students to conclude the bank was responsible for the market crash of 2018. Two years ago, three German hackers were discovered to have made a number of intrusions into three Second World War

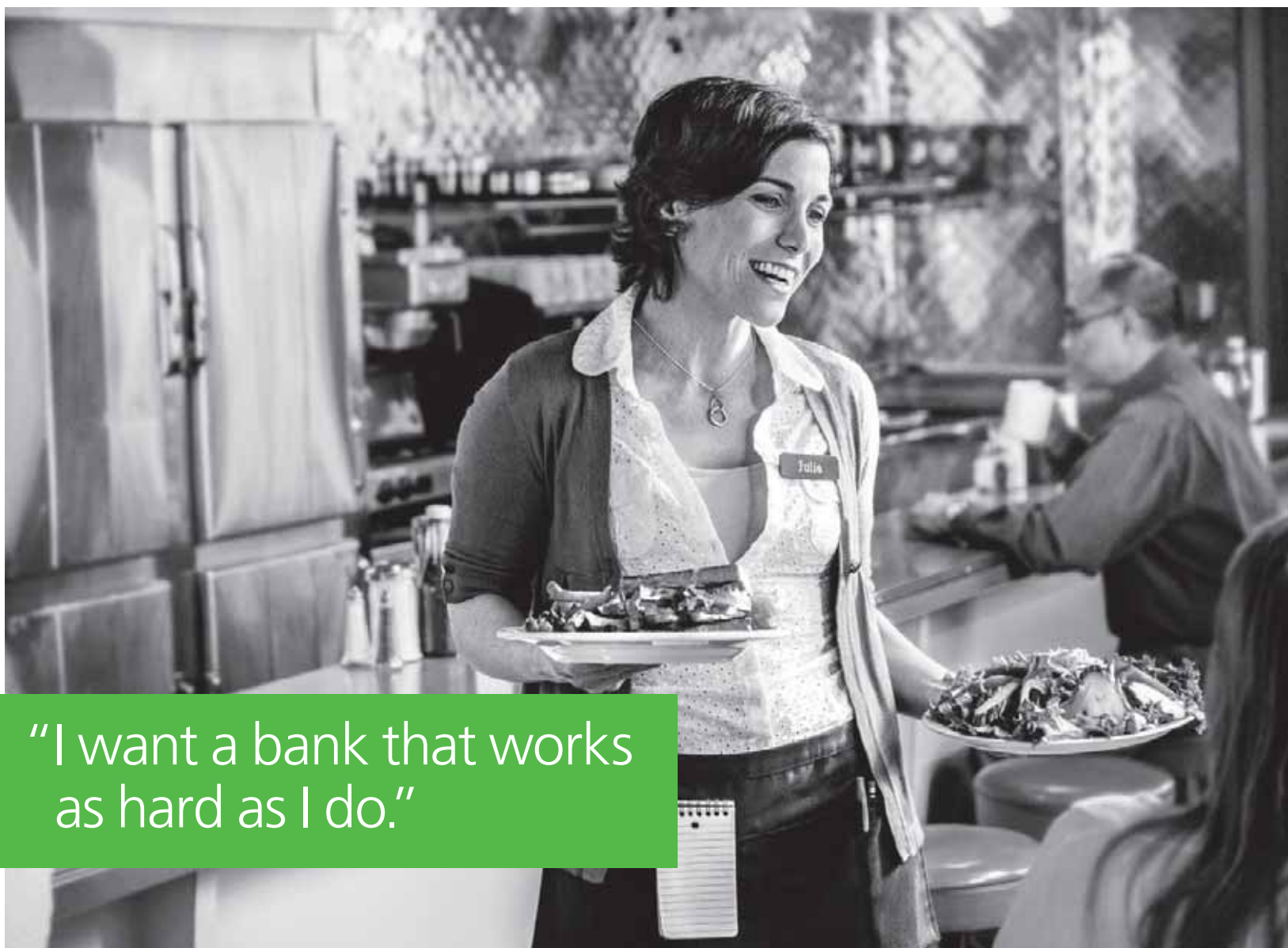
modules, nearly erasing any mention of concentration camps. Twelve countries in Asia have long held screening laws to ensure purchased programs have been viewed and secured by an external body before reaching students. The UCPA has not yet called for such extreme measures but are working with ministry officials to find appropriate safeguards.



Isaac Asimov is considered one of the most prolific and talented science fiction writers of all time. Asimov, who died in 1992, wrote over 500 books and made sometimes eerily accurate predictions about what our future might look like. In this interview from almost 30 years ago, Asimov talks about a system of learning that uses a tool that sounds an awful lot like the Internet. See for yourself.



See that symbol? It means you can scan the photo with your Metro News app to watch an interview with Isaac Asimov.



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# Rights group seeks protection for kids working in tobacco industry

## Human Rights Watch.

The report highlights findings from interviews with over 140 children

An international rights group is pushing the federal government and the tobacco industry to take further steps to protect children working on U.S. tobacco farms.

A report released Wednesday by Human Rights Watch claims that children as young as seven sometimes work long hours in fields harvesting nicotine and pesticide-laced tobacco leaves under sometimes hazardous conditions. Most of what the group documented is legal, but it wants cigarette makers to push for safety on tobacco farms.

Human Rights Watch details findings from interviews with more than 140 children work-



In this 2008 photo, farm workers make their way across a field shrouded in fog as they hoe weeds from a tobacco crop near Warsaw, Ky. ED REINKE/THE ASSOCIATED PRESS FILE

ing on farms in North Carolina, Kentucky, Tennessee and Virginia, where a majority of the country's tobacco is grown.

Human Rights Watch met with many of the world's big-

gest cigarette makers and tobacco suppliers to discuss its findings and push them to adopt or strengthen policies to prevent the practices in their supply chains.

Altria Group Inc., owner of Philip Morris USA, said it wants suppliers to follow the law. But Altria spokesman Jeff Caldwell said that restricting tobacco work to people 18 and over "is

really contrary to a lot of the current practices that are in place in the U.S. and is at odds in these communities where family farming is really a way of life." **THE ASSOCIATED PRESS**

## Tobacco farms

### Reports of illnesses

About 736,500 children under 18 were reported to have worked on U.S. farms in 2012, but there are no figures for children working on tobacco farms, according to the federally funded National Children's Center for Rural and Agricultural Health and Safety.

Nearly three-quarters of the children interviewed in 2012 and 2013 reported vomiting, nausea and headaches while working. The symptoms are consistent with Green Tobacco Sickness, which occurs when workers absorb nicotine through their skin while handling tobacco plants.

## Portrait of a girl

### Portrait of Malala Yousafzai to be sold

A portrait of a young Pakistani girl who was shot by the Taliban for campaigning for girls' education is being sold by its British artist to further her cause.

Jonathan Yeo, a British portraitist, painted Malala Yousafzai shortly after she started attending school in England, where she lives. The painting hung in the National Portrait Gallery in London last year for an exhibition of Yeo's portraits. Yeo's said he will donate all the proceeds to The Malala Fund. **THE ASSOCIATED PRESS**

## Pakistan

### Quranic teacher faces rape charges

Pakistani police arrested a teacher at a Quranic school and his two friends on charges of gang raping a college student, authorities said Wednesday. The case against Qari Naseer, 27, marks a rare rape arrest in Pakistan, where prosecutions are few and victims are often stigmatized.

"I am feeling shame for doing this act," Naseer said. **THE ASSOCIATED PRESS**

## Nigeria. Islamic militants kill 12 soldiers in firefight

Islamic militants again attacked the remote Nigerian town from which nearly 300 schoolgirls were kidnapped, Nigeria's military said Wednesday, resulting in a firefight that killed 12 soldiers and led angry troops to fire on a commanding officer.

Soldiers said the troops fired at a senior officer who came to pay respects to the killed soldiers, whose bodies were brought to a barracks in Maiduguri, the capital of north-eastern Borno state, about 130 kilometres north of the town of Chibok, where the girls were abducted a month ago.

The failure of Nigeria's government and military to find them after the April 15 mass abduction has brought mounting national and international outrage and forced Nigeria's government to accept international help.

On Tuesday morning, after learning about an impending attack by the militants, villagers ambushed two trucks with gunmen, according to residents and a security official. At least 10 militants were detained, and scores were killed, the official said, speaking on condition of anonymity. It was not immediately clear where the detainees were being held.

Britain and the U.S. are



Vendors sell local newspapers with the headline "I saw my classmate in the video," referring to a Boko Haram video released Monday. SUNDAY ALAMBIA/THE ASSOCIATED PRESS

## Boko Haram

In a new video released Monday, the group's leader offered to release the girls in exchange for the jailed Boko Haram members.

now involved in the effort to rescue the missing girls. U.S. Attorney General Eric Holder said FBI agents and a hostage negotiating team are in Nigeria now. U.S. reconnaissance aircraft are flying over Nigeria in search of the missing girls.

**THE ASSOCIATED PRESS**

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# Storms migrating en masse out of tropics, study finds

**Not in the Atlantic region.** Storms drift northward only 6.5 km a decade, which just could be random, researcher says

Tropical cyclones worldwide are moving out of the tropics and more toward the poles and generally larger populations, likely because of global warming, a new study finds. Atlantic hurricanes, however, don't follow this trend.

While other studies have looked at the strength and frequency of the storms, which are called hurricanes in North America, this is the first study that looks at where they are geographically when

## Japan region

In the region where Japan tracks cyclones, they are peaking 68 kilometres farther north each decade. That means cyclones that used to hit their strongest around the same latitude as the northern Philippines are now peaking closer to Hong Kong, Taiwan, Shanghai, Japan and South Korea.

they peak. It found in the last 30 years, tropical cyclones, regardless of their size, are peaking 53 kilometres farther north each decade in the Northern Hemisphere and 61 kilometres farther south each decade in the Southern Hemisphere. That means about 160 kilometres toward the more

populous mid-latitudes since 1982, the starting date for the study released Wednesday by the journal Nature.

"The storms en masse are migrating out of the tropics," said study lead author James Kossin of the National Climatic Data Center and the University of Wisconsin.

Kossin and colleagues say the changes start with man-made global warming, which alters air circulation from the tropics to just farther north and south. In the tropics, those changes increase upper atmosphere wind shifts called shear that weaken cyclone development. At higher latitudes the changes decrease the storm-decapitating shear, making those areas more favourable for storm intensification.

THE ASSOCIATED PRESS



## Tourists lend helping hand

Foreign tourists help to release a sea turtle to the ocean on a beach in Bali, Indonesia, Wednesday. With the help of tourists, Bali police released about a dozen turtles that they seized last month from illegal poachers. FIRDIA LISNAWATI/THE ASSOCIATED PRESS

## Space Station

### Russia takes tussle with U.S. to space

NASA is downplaying Russian deputy prime minister Dmitry Rogozin's statements that Russia wouldn't continue co-operating with the United States on the 15-nation International Space Station past 2020, as NASA had hoped, because of U.S. sanctions on Moscow. The United States relies on Russian Soyuz capsules to fly to and from the station. THE ASSOCIATED PRESS

## California

### Study: Irrigation raises quake risk

Excessive groundwater pumping for irrigation in California's agricultural belt, which is causing the San Joaquin Valley floor to sink, can stress the San Andreas Fault, potentially increasing the risk of future small earthquakes, a study released by the journal Nature suggests.

THE ASSOCIATED PRESS

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# Save the dolphins: EU aims to put an end to 'walls of death'

## European Union.

Proposal aims to ban driftnets, known for indiscriminately catching and killing anything caught within the huge nets

The European Union's executive on Wednesday proposed to ban all use of driftnets in EU waters and on its vessels by year's end to better enforce the protection of dolphins, sharks, swordfish and bluefin tuna.

Driftnets stretching for miles close to the surface have often been responsible for the incidental capture and killing of thousands of marine animals that are important to the ecosystem. They were also responsible for indiscriminate fishing that often resulted in huge by-catches with little commercial value.

Often they were called the "walls of death" since they



The proposed ban on driftnets would help protect dolphins, sharks, swordfish and bluefin tuna. DEAN PURCELL/GETTY IMAGES

trapped and killed anything within nets that could measure dozens of kilometres.

"Fishing with driftnets destroys marine habitats, endangers marine wildlife and threatens sustainable fisheries," said EU Fisheries Com-

missioner Maria Damanaki.

These type of nets were previously used in the hunt for endangered bluefin tuna in the Mediterranean until the EU banned such fishing in 2002. Even if laws already restricted its use, driftnet fishing

often continued illegally and a total ban on driftnets would make catching cheats easier. The EU courts had to take action against Italy and France half a decade ago to stop such practices.

THE ASSOCIATED PRESS

## Beginning of the end. After 62 years in Canada Sears likely to disappear

Sears is considering selling its struggling Canadian operations, a move that will likely lead to the closure of its brick-and-mortar stores in this country and make room for a new retailer to enter the market.

The U.S. parent company, owned by Sears Holdings in Chicago and controlling shareholder Edward Lampert, said Wednesday it was looking at strategic options for its 51 per cent interest in Sears Canada, including the possible sale.

While Sears Canada says it will co-operate with the Sears Holdings review and insists its



Sears is considering selling its Canadian operations. THE CANADIAN PRESS

Canadian stores will continue to operate as usual, observers see the move as the beginning of the end.

THE CANADIAN PRESS

### Market Minute

**DOLLAR**  
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Natural gas: \$4.38 US (+\$0.01)  
Dow Jones: 16,613.97 (-101.47)

**TSX**  
14,673.73 (-6.08)

**OIL**  
\$102.37 US (+\$0.67)

**GOLD**  
\$1,305.90 US (+\$11.10)

## Remember Napster? Seems everyone's moved on to Netflix

Netflix increased its share of fixed-line Internet traffic in North America in the first half of 2014, accounting for 34 per cent of data flowing to consumers during peak times, up from 32 per cent in the latter half of 2013.

That's according to a new report from Sandvine Inc., a Canadian networking services company.

Sandvine also found that file-sharing — the main tool of content piracy — had fallen to 8.3 per cent of all daily



Netflix eats up 34% of Internet traffic at peak times. THE ASSOCIATED PRESS FILE

network traffic, compared to 31 per cent in 2008, as legitimate options flourished.

Sandvine for the first time identified Internet users who are likely "cord cutters," or those likely to drop traditional pay TV. They were the top 15 per cent heaviest users of streaming audio and video.

The group accounted for 54 per cent of all Internet traffic, consuming on average 212 gigabytes of data per month. That would be roughly equivalent to watching 100 hours of video per month, Sandvine said.

THE ASSOCIATED PRESS

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### Up-to-date scores

Canada

**TOP 5**

- 215 points**  
c.j. - Toronto
- 184 points**  
Dennis - Toronto
- 178 points**  
Saudah - Toronto
- 167 points**  
Samir - Toronto
- 157 points**  
Brad - Ottawa

### Remember the '80s?

#### Cineplex is not playing around with arcade plans

Movie exhibitor Cineplex Inc. sees a future in arcade games as it looks for ways to boost revenues beyond movie theatres.

"Gaming presents a real opportunity for Cineplex," chief executive Ellis Jacob told shareholders at the company's annual meeting on Wednesday.

THE CANADIAN PRESS

### Messages

#### Yahoo set to take on Snapchat with Blink purchase

Yahoo is buying the mobile messaging app Blink.

Messages sent through the Blink app self-destruct after a certain amount of time. The app allows users to send texts, sketches, record audio, make videos and take photos. Facebook reportedly tried to buy its main rival Snapchat for \$3 billion US. THE ASSOCIATED PRESS

### Rising tensions

#### Oil rises above \$102 a barrel amid Ukraine turmoil

The price of U.S. oil climbed above \$102 US a barrel Wednesday amid ongoing tensions in Ukraine and an industry report showing crude stocks falling at a key U.S. storage hub.

Oil gained 67 cents on the Toronto Stock Exchange Wednesday and closed at \$102.37 US a barrel.

THE ASSOCIATED PRESS

See this symbol? You can scan the photo above with your Metro News app to play the game. The top 5 winners in Metro will be contacted by May 16th and will win a Canadian Olympic Committee blanket. Subject to terms and conditions outlined in game. QC not eligible.

# ALL HAIL VICKY, QUEEN OF BBQS

Here's a two-four gun salute to Queen Victoria, namesake of the best holiday on the entire calendar.

Sure, the full-bodied Crown Vic doesn't have the same cachet as Santa's sleigh, but that's the point.

No gifts to buy, no relatives to visit, no dates to remember. The lazy long weekend May Day is the best precisely because it's no emergency.

Long live holidays that aren't tied to anything of importance, I say. Long live Queen Vicky whispering sweet, sweet nothings in my ear from her ignored corner of history.

I know, I know. There are people out there who feel some sort of bizarre kinship to a long-dead sort-of leader who kind of ruled us when our country was born, forever inspiring the Canadian people with her era's strict table manners and fear of sex.

In the interests of keeping the die-hard Queen fans happy,



HE SAYS

**John Mazerolle**

metronews.ca

here are a few interesting true facts about Queen Victoria and the holiday that bears her name.

## Did you know?

\* Victoria Day is named after Queen Victoria, Ruler of Barbecues, Defender of Gardening and Empress of Putting Your Boat in the Water.

\* Her real name: Robert Zimmerman.

\* Victoria was the longest-sitting U.K. sovereign, staying in her royal Barcalounger for three straight weeks while she caught up on all seven seasons of William Shakespeare's series The Henrys.

\* Winner of several wars against her French counterpart Queen Capitula.

\* Founded Victoria's Secret in 1871. The closely guarded secret, held close to the chest until 2005, was that lingerie will not turn you into a buxom 20-year-old model.

\* Victoria faced six assassination attempts, most of them by men who missed with pistols at close range, providing George Lucas with the real-world inspiration for the storm troopers in Star Wars.

\* Almost always depicted wearing black, because it did a good job hiding the Yorkshire pudding stains.

\* Despite being thought of as a historically intimidating figure, Victoria was a surprising three inches tall. Her image on postage stamps of the day is life-sized.

\* Victoria Day is celebrated in other countries by looking in the general direction of Canada and shrugging.

So, yes, Queen Victoria has done many great things, and you should talk to your local plate collector or Wikipedia page moderator to learn more about them.

But to me her greatest accomplishment will always be a why-not holiday that happens just as the sun starts to spread its warmth, the leaves make their first appearance and the flowers bloom.

Only in Canada? Pretty.

## ZOOM

### To wear to the amethyst castle party



The Borgeze Princess Constellation stilettoes are priced at \$337,000 US. CONTRIBUTED

## Q&A

### Designer defends diamond-encrusted stilettoes

You could walk off with heels worthy of Cinderella ... if you've got £200,000 (\$337,000 US) to spare. The Borgeze Princess Constellation stilettoes — crafted in either platinum or 18-carat gold and encrusted with

1,290 diamonds — are the world's most expensive shoes. Designer Christopher Shellis, who's been working on the stilettoes for seven years, tells Metro why the footwear that requires a mortgage is a "bargain."

**The shoes are the price of a sports car or an apartment, so who are you expecting to splash the cash?** Actually, I've already had an enquiry. I've been approached by some people, who won't disclose their names, asking whether I could create 100 pairs of stilettoes like this one. It's for a royal engagement.

**That's ridiculous!** £200,000 sounds like a lot of money but people are spending hundreds of thousands on diamond-encrusted iPhone accessories or buying £500,000-plus cars. It's a bargain, mate! (Laughs)

**Do you see them as an investment piece?** Yeah, I think the stilettoes are like the Damien Hirst diamond-encrusted skull. Actually they're better because they've got a practical value as well as a display value.

**Does a bodyguard come with the purchase?** (Laughs) The people who buy these will bring their own bodyguard. **METRO**

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In this issue, you can find AR enhancements on pages 8 and 12 - 13 in News, page 20 in Scene and page 29 in Sports

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

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2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!
3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

## MetroTube

### The beautiful mane: Soccer, now with lions



ANDREW  
FIFIELD  
metronews.ca

The thing about people that seem to have a mystical connection with lions is that there's nothing really mystical about it so long as you know your way around a cat.

Just watch sharply dressed Lion Whisperer Kevin Richardson in action. A few chin scratches here, a head-butt there. Add a dash of flank rubs and he's earned enough feline devotion to spawn a spirited soccer match.

There's a lion whisperer inside all of us. Then again, so is a healthy fear of an animal that can kill you by mistake.

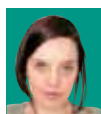


(Via Van Gils/YouTube)

# Hintonburg couple asks you to wake up and smell the coffee

## Emphasis on fresh.

Home-based company aims to have their beans delivered within 48 hours of being roasted



**BACKSTAGE PASS**  
Jen Traplin  
ottawa@metronews.ca

Nearly a decade ago, coffee aficionados Melissa Dimock and husband Alan McKay began roasting their own beans for personal use. Now, they run Bytown Beanery, a home-based micro-roastery in Hintonburg — roasting coffee beans to order.

“Coffee is something I learned to love when working at a café in university,” says Dimock.

“Over the years, my husband and I began to consume better quality and therefore, more expensive coffees. Learning to roast beans ourselves was a natural extension of that.”

At first, the pair used a hot-air popcorn popper, a method they often suggest to customers interested in roasting their own beans, and eventually moved on to a small home roasting machine before investing in a commercial roaster.

Dimock and McKay believe



Bytown Beanery offer a variety of different coffee beans. PHOTOS COURTESY OF BYTOWN BEANERY

that when it comes to enjoying the perfect cup of coffee, the most important factor is the freshness of the beans, as well as the way they are ground and brewed.

“Keeping beans whole and grinding prior to use will always give you more flavour than using pre-ground coffee,” Dimock explains.

“Brewing method has a lot of impact on flavour and caffeine content in the brewed cup. Typically, the longer the

ground coffee is in contact with the water, the more bitter the coffee will taste.”

To ensure the freshest possible coffee, Bytown Beanery strives to have customers’ orders in their hands within 24 to 48 hours after roasting the beans. For that reason, the company doesn’t ship its beans. Instead, they offer local pickup and delivery in the Hintonburg area.

The process, Dimock explains, starts with green

beans imported from Brazil and Columbia, which are then put into a roaster. As the roasting progresses, the scent changes from something akin to a late summer hayfield to the smell we all recognize when we open a bag of fresh coffee beans.

“Roasting is a very sensory experience,” Dimock says.

“I use my nose to gauge how the scent is changing, visual cues to see how the roast is progressing and my ears to

listen for auditory cues.”

For more information, visit [bytownbeanery.ca](http://bytownbeanery.ca).

## Tricks of the trade

For the best cup: Buy fresh-roasted beans (aim to use them within three weeks of the roasting date). Grind prior to brewing. Brew one cup at a time.

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# 2 SCENE

# Now is the time to shake things up

## Kevin Spacey.

Thespian becomes first actor to self-distribute a film in the U.S. with his new documentary

LIZ BROWN

liz.brown@metronews.ca

Kevin Spacey doesn't shy away from taking big risks.

It started when he was a teenager and switched high schools — to California's Chatsworth — so he could work with two other actors he thought brilliant: Val Kilmer and Mare Winningham.

"Everybody thought I was nuts to do that. I've been f—ing nuts my whole life," he says in a recent phone interview.

He continued this peripatetic path into adulthood, moving from California to New York to study drama, then all but leaving Hollywood behind 11 years ago to run The Old Vic theatre in London. "I love being disruptive. I've been making deci-

sions like that my whole life, so it was very exciting to me," he says of the bold move.

His latest shakeup is *Now: In the Wings on a World Stage*, a documentary he funded, produced and starred in. With its release, Spacey becomes the first actor to self-distribute a film in the U.S. It's a savvy business move that allows Spacey more control over the project.

"I always wanted to be a good businessman as well as a good actor," he says. "I've always admired actors who were very good at business. My idol, Jack Lemon, was a very good businessman. Many people don't even know he produced *Cool Hand Luke*."

The doc follows the Bridge Project, a theatre group, as they tour the globe on a grueling 200-plus show production of Shakespeare's *Richard III*. Sam Mendes is at the helm as director of the play, with Spacey playing the fated villain-hero — the very character on which his *House of Cards* President Frank Underwood is based.

"It was coincidental," he says of the occurrence of play-

ing *Richard III* and then Frank Underwood. "House of Cards was being developed before I even knew I was doing *Richard III*."

The doc gives a glimpse of what life is like as part of a travelling theatre group and the bonds that develop, peppered with some travelogue moments — like a cruise with the cast along Italy's Amalfi Coast. In it, Spacey admits that *Richard III* was the most difficult role he'd ever played. "It's the second longest role in all of Shakespeare's canon after Hamlet. When Shakespeare wrote the play, he was quite young, and he didn't use the device he used in later plays where he gave the actor breaks. In this particular play, out of 24 scenes, *Richard* is in 22 of them, so there's literally no time to take a breath."

Can Spacey pick a favourite moment from the tour?

"It's hard to pick out a favourite," he says. "But I suspect if I absolutely had to point at one, it would end up being the 14,000-seat amphitheatre in Greece — the Epidaurus — where we played three per-



Now: *In the Wings on a World Stage* is in theatres on Thursday and online at [nowthefilm.com](http://nowthefilm.com). CONTRIBUTED

formances, and it was some of the most incredible experi-

ences I have ever had in front of an audience. You're playing to the gods without any amplifications."

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### Brief

## Monaco royals take issue with Kidman film

It has been savaged as "shameful" before it even comes out, but filmmakers behind *Grace of Monaco* were hoping to put all that behind them Wednesday when the movie kicked off the Cannes Film Festival.

Director Olivier Dahan's *Grace of Monaco*, starring Nicole Kidman, has been embroiled in not one but two rows as the princely children of the late actress-turned-princess and powerful U.S. distributor Harvey Weinstein blast the director's version of the film.

Prince Albert II and his sisters Caroline and Stephanie insist that the film does not accurately portray events involving their mother.

AFP



Nicole Kidman plays Princess Grace of Monaco. CONTRIBUTED

## Where are the women? Cannes lacks female-directed entries yet again

Gender politics flared at the opening of the 67th Cannes Film Festival Wednesday as Palme d'Or jury president Jane Campion railed against male domination of the movies.

"It does feel very undemocratic, and women do notice, you know," the New Zealand filmmaker said, noting that just two of the 18 films she and her fellow jury members will judge in the days ahead were directed by women.

"Time and time again we don't get our share of representation ... the guys get to eat all the cake."

Campion, the only woman in the festival's history to win the Palme — she took it for *The Piano* in 1993 — said she was told by Cannes selectors that 93 per cent of the films submitted to the fest were made by men, so there was bound to be an imbalance. She said she understands this and doesn't resent the success of male filmmakers, "but there is something that women are thinking and doing that we don't get to know enough about."

Despite her strong feelings on this issue, Campion pledged that she and her fellow jurors will "vote with our hearts and



Palme d'Or jury president Jane Campion. CONTRIBUTED

our consciences" and not follow any political or cultural agenda. Campion's comments ironically came right after the press screening and press conference for opening gala film *Grace of Monaco*, in which Nicole Kidman plays Grace Kelly, the actress who gave up Hollywood and found herself trapped in a male-dominated kingdom. Campion's nine-member jury tilts more female than male, with five women and four men, an international mix of actors and directors.

TORSTAR NEWS SERVICE

# Cheapskates are out, frugality is in

## Be savvy, not stingy.

Metro's Lesley-Anne Scorgie has you covered in her new book, *Well-Heeled: The Smart Girl's Guide to Getting Rich*



**LESLEY SCORGIE**  
Lesley Scorgie  
money@metronews.ca

I'm not a cheapskate, but I sure do enjoy saving money on my purchases where and when I can.

Saving money actually drives much of my purchasing behaviour because the more money I can keep, the greater my net worth and the more options I have to do what I want with my life.

Frugal living is different from being a cheapskate. Frugal people maximize the dollars they've worked hard



Being frugal can free you up to live really well. iStock

to earn by negotiating prices, finding deals, couponing, buying on sale, and determining the best ways to buy products and services for the lowest possible price. Sure, sometimes my friends think I'm cheap because I drive a second-hand, affordable, fuel-efficient Volkswagen; I love free events; I buy in bulk; and Kijiji is my best friend. But I

disagree. I never go without. I'm simply a smart spender, and my bank account proves it.

Cheapskates, on the other hand, have a bad rap for not buying what they need, when they need it, because they are afraid to spend their money. When they do spend, they'll often buy a cheap product that doesn't last, which then

## Contest

Want to read more? Enter at clubmetro.com for a chance to win one of 10 copies of Lesley Anne Scorgie's new book *Well-Heeled: The Smart Girl's Guide to Getting Rich*



effort, you can live frugally and save money without compromising your lifestyle.

Chapter 1 reveals that research shows wealthy women live within their means and frugally.

Dr. Thomas Stanley has conducted extensive studies on thousands of wealthy men and women.

In his book *Stop Acting Rich ... And Start Living Like a Real Millionaire*, he discusses how most millionaires keep meticulous budgets, live in homes valued at less than \$300,000, and purchase rather than lease their cars (and those cars are often second-hand).

And surprisingly, typical millionaire women never pay more than \$140 for a pair of shoes — and you know as well as I do that Jimmy Choos don't fall into that price bracket!

EXCERPTED FROM *WELL-HEELED* BY LESLEY-ANNE SCORGIE. © 2014 BY LESLEY-ANNE SCORGIE. ALL RIGHTS RESERVED. PUBLISHED BY DUNDURN. AVAILABLE AT VARIOUS BOOKSTORES AND AS AN EBOOK.

## Cheap or Frugal?

- **Cheap.** Cheapskates purchase the lowest-priced product regardless of quality.
- **Frugal.** Frugal young ladies are willing to pay more for affordable, quality products.
- **Cheap.** Cheapskates show up at dinner parties empty-handed.
- **Frugal.** Frugal young ladies host potluck dinners so that nobody has to shoulder the entire grocery bill.
- **Cheap.** Cheapskates avoid tipping a service provider at all costs.
- **Frugal.** Frugal young ladies tip according to the quality of the service.

## Death. Searching for Sugar Man director commits suicide after battle with depression

Malik Bendjelloul, director of the acclaimed *Searching for Sugar Man* documentary, was widely known for his enthusiasm, kindness and high spirits — so the news Wednesday that he had taken his own life shocked colleagues around the world.

Bendjelloul's brother Johar Bendjelloul told Swedish daily Aftonbladet that his 36-year-old brother committed suicide Tuesday after struggling with depression for a short period. "Life is not always simple," Johar Bendjelloul said, adding that receiving the message that his brother had committed suicide was the worst thing he had ever experienced.

"I don't know how to handle it. I don't know," he said.

Bendjelloul rose to international fame in 2013 when his debut feature film, *Searching for Sugar Man*, won an Oscar for best documentary. The film tells the story of how Detroit-based singer-songwriter Sixto Rodriguez, who had flopped in the United States, became a superstar in apartheid-era South Africa without knowing about it.



**Malik Bendjelloul**  
THE ASSOCIATED PRESS

British film producer Simon Chinn, who produced *Searching for Sugar Man* together with Bendjelloul, said he was shocked and deeply saddened by the news of his friend's passing.

"It seems so unbelievable," Chinn told The Associated Press over the telephone.

"I saw him two weeks ago in London. He was so full of life, hope and optimism and happiness, and looking forward to the future and future collaborations."

THE ASSOCIATED PRESS

## Brief

### J.K. Rowling's next trilogy to hit theatres in 2016

The first film in the trilogy inspired by J.K. Rowling's book *Fantastic Beasts and Where to Find Them* will arrive in North American theatres on Nov. 18, 2016.

Following the announcement of the project in March, producers have now given J.K. Rowling fans a date to look forward to.

The highly anticipated spin-off on the Harry Potter movies will follow the adventures of the "magizoologist" Newt Scamander, who devotes his life to the study of magical creatures. Though set in an extension of the Harry Potter universe, the new trilogy is expected to take place in New York around 70 years before the young wizard's birth.

The three films in the *Fantastic Beasts and Where to Find Them* spin-off will be loosely adapted from the 54-page book of the same name, which J.K. Rowling published in 2001.

AFP

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Nicole Kidman ALL PHOTOS GETTY IMAGES

## The highs and lows of being Nicole Kidman

Nicole Kidman has never made the choice that Grace Kelly did — quitting acting to begin another life as Princess of Monaco. But she's rarely found equilibrium in her career and personal life. "When I won the Oscar, I went home and I didn't have (love) in my life," said Kidman, who won best actress in 2003, two years after she and Tom Cruise divorced. "That was the most intensely lonely experience in my life."

Kidman stars as Kelly

in *Grace of Monaco*, which premiered Wednesday as the opener of the Cannes Film Festival. "Strangely for me, the greatest highs have coincided with the greatest lows," said Kidman. "So (during) my professional highs a lot of times I've had personal lows and they've collided. That's always aggravated me that it's gone that way. I'm hoping one day I can have a professional high and a personal high."

THE ASSOCIATED PRESS

## With this paintball, I thee wed? Angelina and Brad let kids plan their wedding

Angelina Jolie and Brad Pitt might be regretting their choice of wedding planners. The *Maleficent* star tells *People* magazine that they've been allowing their six kids to have some input on how best to tie the knot. "We are discussing it with the children and how they imagine it might be, which is verging on hysterical, how kids envision a wedding," Jolie says. "They will, in a way, be the wedding planners. It's going



Brad Pitt and Angelina Jolie

to be Disney or paintball — one or the other."

METRO WORLD NEWS

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Jay Z shops with 100th problem Solange

MELINDA TAUB

Metro World News

In perhaps an unspoken message to let us know that we will never, ever, ever know what is up with the Knowles-Z clan, Jay Z and Solange Knowles calmly shopped for jewelry together in Manhattan on Tuesday, just days after Solange attacked Jay Z in an elevator after the Met Gala.

The rap mogul and his 100th problem were spotted at Mr. Flawless, a high end jewelry store, according to TMZ. The pair browsed women's jewelry for about

20 minutes, mostly separately. They spoke little to each other and left without buying anything.

It would take remarkable self-possession to calmly go on a shopping trip with someone who tried to put a stiletto heel through your eye just days earlier. Maybe Jay Z just wants his peaceful home life back, so he's trying to forge a truce. Or maybe they're both trying to get back in Beyoncé's good graces with a sparkly peace offering. Or maybe it's Blue Ivy who's pulling all the strings here, and they have to bring her diamond-encrusted baby rattles or else.

Jay Z isn't the only one who's trying to publicly reinforce his relationship with Solange: Beyoncé has filled her Instagram with pictures of the sisters hanging out in happier times.

## Beauty and a rap sheet: Biebs accused of briefly swiping woman's phone

Justin Bieber is developing quite the weird little rap sheet. The pop star has been accused of graffiti, vandalism, getting his bodyguards to beat up a guy, and now, very short theft.

Bieber was at Sherman Oaks Castle Park, a sports complex, when he and his entourage reportedly got into an altercation with a group of men by the batting cages. According to TMZ, a woman claims that during the altercation, Bieber saw her take out her cellphone and came over to confront her about whether she'd taken pictures. The woman says that when she refused to show him her phone, Bieber reached into her purse and took it.

The two wrestled for the phone and Justin tore it out of her hand, but couldn't see her photo stream because the phone was locked, she told police. Bieber gave the phone back and insisted that she erase the photos. After she unlocked the phone and showed him she'd never taken any in the first place,



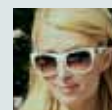
Justin Bieber

Bieber finally left her alone, she said.

The unnamed woman filed a criminal complaint. The LAPD confirmed to CNN that Justin has been accused of attempted robbery. However, no charges have been filed.

Poor old Bieber can't win. When he tries to cover up one potential scandal he ends up embroiled in another. Maybe he should buy a private island. Seems like the best solution for all of us if he just isolates himself in Biebervania. **METRO WORLD NEWS**

### Twitter



@ParisHilton

Just landed in Nice. Hopefully the airline hasn't lost any of my luggage. Everytime I have landed here half my luggage is missing!



@carrieunderwood

Breakfast by candlelight. I'm not complaining...so peaceful. But I hope they get it fixed 'cause make-up by candlelight won't end as well!



@ChloeGMoretz

if you come around me with a google glass i will not speak to you. i do not trust them

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# Putting your best foot forward

**Toe-tal recall.** You've spent a long winter keeping your lower limbs under the lock and key of wool and leather. How better to bust out of the blahs than by letting your tootsies take on the sun-soaked world?

**SIGRID FORBERG**  
Metro World News

As the weather starts to warm up, it's natural to experience a little more spring in your step.

You might be excited to shed those socks and boots, but before you start strutting around town in strappy sandals and peep-toes, you'll want to be sure to start the season off on the right foot, says essie Canada's lead nail artist, Rita Remark.

"Because they are out in the open, our feet tend to have more issues like dryness, cracking and chipping when the weather is warm," says Remark.

With that in mind, she says treating the skin on your feet the same way you would the rest of your body is important: exfoliate where necessary and moisturize.

"Use the coarse side of a double sided pedicure file to remove any calluses or rough skin, then use the finer side to soften them," she says. "After this step, it's good practice to moisturize because it allows for better product absorption and a longer lasting softness."

She adds that you'll want to apply sunscreen before stepping out into the sun —



This little piggy definitely went to the spa. ISTOCK

## Fear by the foot

**"When you say pedicure to a man, they think of a big, drippy, red nail."**

**Daniel Francoeur**  
Owner of Bodé Spa Medi-Wellness for Men on changing the male mind about foot care

unless you want sandal tan lines, of course.

And naturally, a layer of polish will kick up any spring outfit an extra notch.

Revlon Canada's nail ex-

pert, Leeanne Colley recommends gravitating towards bright colours this season, as they work with every skin tone and are a great way of working the colour-blocking trend into your look from all angles.

When it comes to the question of whether bright toenails is a polished enough look for work, Colley says it all comes down to maintenance.

"As long as they are chip-free, short and remain glossy," says Colley of your professional pedicure. "If



## Colours of the season

Rita Remark's recommendations for this season are essie's cobalt aqua (strut your stuff), soft lavender (French affair) and bright sunny orange (roarrange).

Essie polishes available for \$9.99 at leading salons and retailers across Canada.

not? Skip the open toe until you (clean them up)."

Of course caring for

## The hair way down there

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Tria Hair Removal Laser Precision is sold online at TriBeauty.ca for \$299, and will be available at Sephora in the summer.



your feet shouldn't just be a female concern.

Most men might think of spa treatments as a luxury, but oftentimes they ignore real health concerns when it comes to their feet.

Daniel Francoeur, the owner of Bodé Spa Medi-Wellness for Men, with locations in both Ottawa and Toronto, says that men often suffer in silence with foot problems like warts, corns and fungus or ingrown nails.

One of his clients, a senior, had been having trouble walking because his toenails were turning down. With a little attention, his problem has been solved, he's more mobile, and he's lost 25 pounds.

"When you say pedicure to a man, they think of a big, drippy red nail," says Francoeur.

"Men often don't consider their feet important, but once they realize what can be done with them, it's almost always the first service we'll see them rebooking."

3  
LIFE

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# Canadian street style

Spotted in: Toronto

**Name:** Brittany Gray

**Age:** 28

**Occupation:** Owner of Fancy Face Inc.

**What she's wearing:**

L.A.M.B booties, Citizens Of Humanity jeans, Club Monaco vest, Louis Vuitton purse, Ray Ban shades, Vintage rings, Michael Kors watch, Tiffany's bracelet, Ganni 'Je T'aime' shirt

**What she's wearing:**

"My inspiration usually comes from all things Boho Chic, Edgy Glam and my fashion idol is everything Rachel Zoe."

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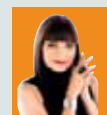
How much would you pay to have your own endless beauty aisle? Go online to Trends Report to see the mind-blowing invention one young entrepreneur pitched at the Disrupt NY 2014 competition and take my poll to tell me what you think of her idea, which she predicts will disrupt the \$50 billion makeup and beauty industry.

- **Online.** Follow Irene on Twitter at @MetrolreneK or Instagram: kuanirene; metronews.ca/voices/trends-report

Photo via Colourbox.com



## Twitter



**JEANNE SPACE**  
Jeanne Beker  
life@metronews.ca

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# Swift, fashion, pop!

**Blink and you'll miss them.** Pop-up shops feed appetite for limited-time buys

Gwyneth Paltrow has carved out a following and digital presence with her lifestyles brand Goop — interest the Oscar winner is seeking to translate offline with a short-term storefront.

Paltrow recently celebrated the launch of the Goop pop-up shop in Los Angeles. The endeavour follows the well-trodden path of top-name brands, emerging designers and small-scale companies looking to generate attention and boost their profiles with limited-time showcases.

While pop-ups can be used for a variety of reasons, its primary purpose has been promotional, said Ken Wong, faculty member in the school of business at Queen's University. He pointed to U.S. discount retailer Target which operated a pop-up north of the border ahead of



A customer peers around a changing room door as she tries on an outfit designed by Jason Wu at a Target pop-up shop in Toronto.

CHRIS YOUNG / THE CANADIAN PRESS

its Canadian launch last year, a move he said was "extremely successful" in generating buzz.

Longtime Canadian designer Linda Lundstrom has opted for an alternative approach to the conventional pop-up format. Rather than occupying a vacant space, she has been hitting the road for more than a year showcasing her goods to prospective customers in existing storefronts.

Currently showcasing her Linen, Leather and Lace line,

Lundstrom said she is "absolutely loving" the opportunity to feature her creations in pop-ups. There's a benefit for the retailer as well, who has no purchase order or inventory to worry about, in addition to receiving a percentage of her sales from the event, she noted.

"I just come in with my product, set it up like a little boutique within a store, and all they have to do is invite all of their customers," said Lundstrom.

## Clothed in convenience

"I just come in with my product, set it up like a little boutique within a store, and all they have to do is invite all of their customers."

Linda Lundstrom  
Canadian designer

The designer does her part to promote the pop-ups on social media and to individuals on her contact list, as well as supplying invitations for retailers to send to their own customers prior to the event.

Lundstrom said she's also relished the chance to forge personal connections with her customers in meeting them at the events, many of whom recount special occasions where they've worn her creations.

"They've got these stories to tell for the garments that they've bought of mine in the past, and now I'm getting to hear the stories."

THE CANADIAN PRESS

metro 27 MAR Toronto

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## BAYSHORE FASHION FILE

BAYSHORE SHOPPING CENTRE ANSWERS YOUR FASHION & BEAUTY QUESTIONS.

**Q:** WHAT IS THE HOTTEST COLOUR FOR SUMMER 2014? - A.L.

**A:** Pink is the new black, and you can wear it in any incarnation - blush, rose fuchsia, bubble gum and even neon! Lady like silhouettes, and floral prints make this trend even better. According to Vogue: "If in doubt, make it pink, smother it with flowers and wear it with flat sandals..." Stop in at H&M for some lovely options!

**Q:** WITH ALL OF THE RAIN WE HAVE BEEN HAVING LATELY, CAN YOU OFFER SOME SUGGESTIONS FOR STYLISH RAIN GEAR? - M.R.

**A:** Rain is unfortunately not as chic as the Burberry campaigns make it out to be, but there are plenty of rain-appropriate outfits that are both functional and eye-catching. Pair a fun-coloured trench coat with a nice pair of Wellington boots. Accessorize with a fancy umbrella, and you're good to go! Brown's Shoes has a great selection of boots and Hudson's Bay will be sure to provide you with that awesome trench!

**Q:** I KNOW THAT THE LITTLE WHITE DRESS IS VERY MUCH ON TREND FOR SUMMER. HOW CAN I TAKE MINE FROM DAY TO EVENING? - L.M.

**A:** Three words: shoes, makeup, and accessories. It's really easy to take almost any outfit from day to evening if you change everything around the outfit. We tend to wear different makeup to work as we do for a night out, so save the dramatic makeup for eveningwear and your look will already change. A higher heel or edgier shoe can also be used to enhance your daytime look. Lastly, the accessories you choose will take your outfit from point A to point B in no time. Accessorize more conservatively at work, and jazz things up for evening!

*Angie*  
ANGIE RUSSELL | MARKETING DIRECTOR, BAYSHORE

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## Design contest

Lightsabre knife  
among innovative  
home concepts

Could a lightsabre knife be the kitchen accessory of the future?

Design concepts for "households of the future" have been submitted to the annual Electrolux Design Lab competition, and the resulting ideas are as wacky as they are intelligent.

Innovative project proposals have poured in from 43 countries around the world, a shortlist of 100 ideas has been selected, and the public vote is now open.

Concepts include anti-smog sportswear which dispels pollution, a modular garden pod which grows vegetables and compost and a lightsabre knife made from liquid metal which changes functions at the touch of a screen.

The competition brief called for products, accessories and services for creating healthy homes, with a focus on "culinary enjoyment, fabric care and air purification."

Home appliance company Electrolux holds the competition annually, with a different theme each year.

Public voting for the Electrolux Design Lab competition will run through May 16 and more information can be found at [electroluxdesignlab.com](http://electroluxdesignlab.com).

AFP

Mini greenhouse.  
Designer microgardens  
latest in urban farming

As the urban farming trend goes from strength to strength, designers are finding clever ways to accommodate the concept with city living.

"Infarm" is a new design concept which brings the microgarden indoors, allowing urbanites to grow fresh produce from the comfort of their homes.

Based on the principles of origami, Infarm offers mini foldable greenhouses designed by Swedish design studio Tomorrow Machine.

Currently running as a campaign on crowdfunding website Indiegogo, the Infarm Microgarden uses transparent seaweed based agar-agar gel as a growing medium, meaning the greens never have to be watered as the roots absorb moisture from the gel.

"The Microgarden is the

next generation of home farming, where the end result is a mix between a serving bowl and a greenhouse," explains Tomorrow Machine.

The shape of the greenhouse divides the gel in to six slices, meaning users can choose to use one section of the greens, or place the whole garden on the table to be used as a sort of serving bowl.

"Our inspiration was finger food and we wanted to give the microgreens the same feeling as canapés," say the designers.

The kit comes as a flat pack that consists of three items: a foldable greenhouse, organic seeds and agar-agar powder. The microgreens are generally ready to eat after five to 14 days.

Kits are scheduled to start shipping to pledgers in October. **AFP**



Infarm's mini foldable Microgarden designed by Swedish students can be used as a serving bowl and a greenhouse. MERAV MAROODY/AFP



Textured solids, checks, stripes and floral patterns can work together using a similar colour palette. THOMASVILLE

Learn how to  
mix and match  
patterns like a pro

## Mix it up in style.

Follow these rules to create the perfect combination of patterns in a room



DESIGN  
CENTRE  
Karl Lohnes  
[home@metronews.ca](mailto:home@metronews.ca)

Every well-decorated room should have some sort of pattern, whether it's featured on fabrics, rugs, wallpaper or accessories. Even wood floors and furnishings have patterns to consider when designing a space.

Patterns help to bring a room to life with movement, shape and colour. An untrained eye may never recognize the thought process that goes into creating a well-balanced room, but not incorporating pattern into your decor scheme can lead to a plain, boring room.

Here are the ABC's of incorporating pattern into your own space:

## Mixing patterns

- Every room needs a straight-lined pattern (such as stripes, plaids or graphics) and a curvy-line fabric (such as floral, paisley or polka dots).
- Using two or more of a similar pattern (such as floral) rarely works unless the size of those patterns is distinctly different.
- Solid (non-patterned) fabrics can help relieve the eye of too much visual movement but can sometimes look plain if they are not textured.

## Pattern shapes

- Curvy or rounded patterns tend to imply a traditional or feminine look whereas straight-lined patterns imply a masculine or modern look.
- When mixing straight and curvy patterns, incorporate 70 per cent of your favourite look and 30 per cent of the other for a perfect balance; never 50/50.
- Wood has grain and that should be considered a pattern when decorating. Oak and walnut have curvy

lines and zebra wood has straight lines.

## Scale

- Put the biggest pattern on the biggest piece — that's the proper way to choose the size of a pattern.
- For impact, add an oversized print on a tiny item like a pillow.
- When choosing wallpaper, the bigger the print, the fuller the room will look. This is a great way to visually fill a space where a lot of furniture is not needed, such as stairwells, foyers and powder rooms.

## Colour

- Various patterns can work together as long as they all share the same colourway.
- The third most obvious colour in the room's main print is the colour to paint the walls of that room.
- If decorating a room with just one colour, you are creating a monochromatic colour scheme. Add textured fabrics and rugs to fill the eye's need for pattern.



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# You could cask for more

**DIY.** Give an old barrel new life as a bar, a coffee table or a pet bed

Like a good wine, wood barrels get better with age. While the wood ages they collect stains from wine, whisky, or other spirits, and take on more character. Wood barrels are rustic, immediately recognizable, and have become highly sought out among DIY-ers for resourceful projects like these.

## Coffee table

Create a remarkable piece of furniture and an even better conversation piece with a wood barrel coffee table. First, lay the barrel on its side and cut it in half horizontally. To create a broad base for the table top to rest, screw boards around the frame of the cut. Measure the outside of this frame and use the measurements to create a lid with the same dimensions. Once complete, install the top with

chest hinges to make the perfect hiding spots for blankets, firewood, or kid and pet toys. To keep the barrel stable, it will also be necessary to create a cradle that matches the curve of the barrel.



## Bar table with hidden storage

Keep the good times rolling by repurposing a barrel into a sophisticated bar table for hosting wine and cheese parties. Stand the barrel upright and cut a rectangular door from the top of the barrel to the bottom. Before attaching the hinges, install a stained wood shelf in the middle to hold wine bottles and glasses.

Once the hinges and a door handle are installed, complete the look with a glass or wood countertop to serve cheese pairings.

## Pet bed

The bottom quarter of barrels can serve as comfortable pet beds and are strong enough to hold up to even the toughest pets. After cutting the barrel all the way around, cut a dip on one side to make it easier for the pet to enter and exit. Make sure to sand down the barrel to eliminate any sharp edges. Paint or stain to match your pet's personality or the room's decor and add a round pillow or a blanket to the bottom.

## Rehab Addict

For more ideas on giving something old a second chance, join Nicole Curtis on Rehab Addict, Tuesdays at 9 p.m. ET/PT on DIY Network Canada.



Stripes of bright paint turn a wood barrel into a colourful casual table. ALL PHOTOS ISTOCK

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| Moving Forward Matters  | Solva Senior Living          |
| Ottawa Police           | Rip n' Go bedding            |
| GrrrOUCH                | Mobile Smiles Ottawa         |
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# Sweet potatoes star in healthy veg quesadillas

## Cookbook of the Week

### Do it like the pros



Grilling can be light and healthy, but still delicious. Fresh Grilling by Better Homes and Gardens shows you how to do it right.

The book offers up 200 recipes and 100 photos in which vegetables and fruits shine — as crunchy toppings for burgers, bright sauces and marinades for meat, chicken and fish; heaping platters of grilled veg; grilled salads and pizzas; and more.

Find your grilling inspiration through recipes such as Primo Pesto Pizza, Turkey Burgers with Peaches and Blueberries, Steak and Herb Tacos, Grilled Berry Crumble and more. **METRO**

## Grilling Week.

Vegetarians, fire up the barbecue. This recipe in our series leading up to May Long Weekend is just for you.

“The flavour and nutritional content of sweet potatoes spurs cooks to find surprising ways to work them into all kinds of dishes,” write the editors of Better Homes and Gardens in the book Fresh Grilling. “Here, they help fill super-healthy quesadillas packed with jack cheese, navy beans, and baby spinach.”

1. In a bowl combine beans, 1/4 cup of the cilantro, lime juice, jalapeño, and chili powder; set aside. For cucumber relish, in a small bowl combine cucumber, radishes and remaining 1 tablespoon cilantro; set aside.

2. In a medium saucepan cook sweet potatoes, covered, in lightly salted boiling water for 15 minutes or until tender; drain well. Return potatoes to saucepan and coarsely mash; stir in cumin.

3. Spread mashed sweet potatoes over half of each tortilla. Top each with beans, spinach, green onions, and cheese. Fold each tortilla in half over the filling, pressing firmly.

4. For a charcoal or gas grill, place quesadillas directly on the grill rack over medium heat. Cover and grill for 4 minutes, turning once halfway through grilling. To serve, cut quesadillas into wedges and pass cucumber relish and, if desired, Greek yogurt sprinkled with paprika. **RECIPES EXCERPTED FROM FRESH GRILLING © 2014 BY BETTER HOMES AND GARDENS. REPRODUCED BY PERMISSION OF HOUGHTON MIFFLIN HARCOURT. ALL RIGHTS RESERVED.**

### Ingredients

- 1 15- to 16-oz can navy beans, rinsed and drained
- 5 tbsp snipped fresh cilantro
- 1 tbsp lime juice
- 1 small fresh jalapeño chili pepper, seeded, finely chopped
- 1 tsp ground ancho chili powder
- 1/2 cucumber, quartered and sliced
- 3 to 4 medium radishes, halved and thinly sliced
- 12 oz sweet potato, peeled and coarsely chopped
- 1/2 tsp ground cumin
- 4 10-inch whole wheat flour tortillas
- 1 1/2 cups coarsely chopped baby spinach
- 2 green onions, thinly sliced
- 3/4 cup shredded Monterey Jack cheese (3 oz)
- Plain Greek yogurt and paprika (optional)



**TOTAL TIME ABOUT 30 MINUTES**

This recipe for Sweet Potato Quesadillas with Cucumber Relish serves four. BETTER HOMES AND GARDENS



Served with slices of grilled bread, this salad works as a main dish. It serves four. BETTER HOMES AND GARDENS

## Grilled Zucchini Salad with Mozzarella and Dill

1. On a baking sheet arrange zucchini in a single layer. Drizzle with 1 tablespoon of the oil and sprinkle with salt and black pepper.

2. For a charcoal or gas grill, place zucchini on grill rack directly over medium heat. Cover and grill for 8 minutes or until tender, turning once halfway through grilling.

3. On a serving platter arrange warm zucchini and mozzarella. Sprinkle with dillweed and crushed red pepper. Drizzle with lemon

juice and the remaining 2 tablespoons oil.

### Ingredients

- 3 medium zucchini and/or yellow squash, sliced lengthwise into 1/4-inch planks
- 3 tbsp extra virgin olive oil
- Salt and ground black pepper
- 1 8-oz fresh mozzarella ball, pulled into large pieces
- 2 tbsp coarsely snipped fresh dillweed
- 1/4 tsp crushed red pepper
- 1 tbsp lemon juice

## For your phone

### Joy of Cooking (iPad; \$9.99)



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custom menus, timers, and many guides on techniques, nutrition, storage, and preserves. Highly recommended.

< Roast Chicken Stuffed Under the Skin  
4 servings  
Recipe Ingredients Steps Notes



World soccer

## Brazil coach faces tax fraud investigation

Brazil coach Luiz Felipe Scolari is under criminal investigation in Portugal for suspected tax fraud and money laundering, according to U.S. court documents obtained Wednesday by The Associated Press.

Portuguese tax authorities suspect 7.4 million euros (\$10.1 million) that was transferred from Portugal to a bank in Miami between 2003 and 2008, when Scolari was coach of Portugal's national team, were local income that the Brazilian did not declare.

THE ASSOCIATED PRESS

MLB

## Tigers' winning streak lives on

Detroit's Justin Verlander wasn't overly concerned with his less-than-stellar outing against the Baltimore Orioles on Wednesday.

Instead, he focused on the final result: another Tigers victory.

Rajai Davis homered, and Detroit overcame a rare shaky performance by Verlander to complete a three-game sweep of the Orioles with a 7-5 victory.

The Tigers have won 12 of their last 15 games, including eight in a row on the road.

Baltimore has lost four straight.

THE ASSOCIATED PRESS

# Average may just be the new exceptional

## Mediocre Jays in mediocre division.

Despite a 20-20 record, Toronto holds a second place in the American League East

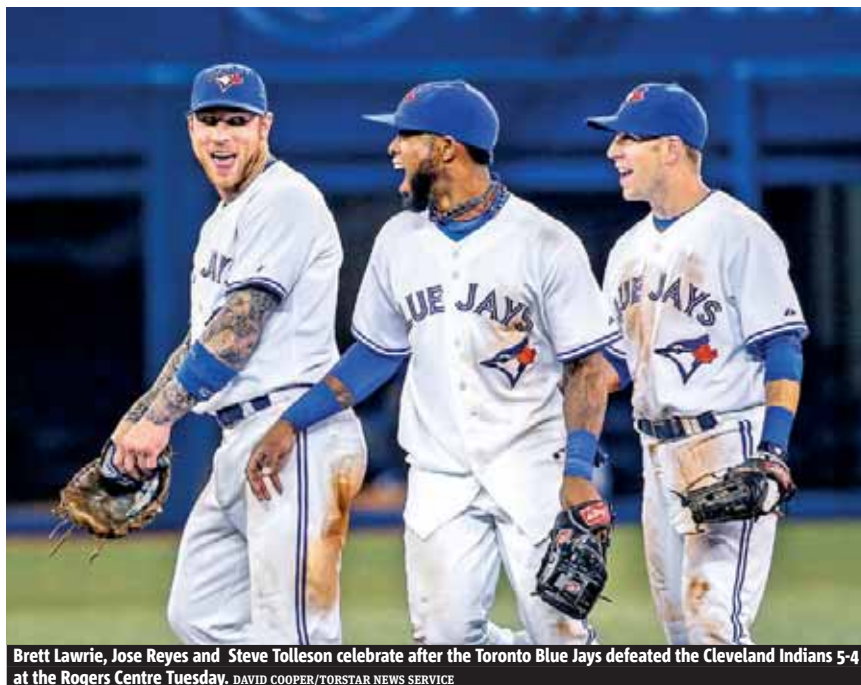
The Toronto Blue Jays have had mediocre results over the first quarter of the season along with the rest of the teams in the American League East.

Instead of looking up at the contenders, the Blue Jays are right in the mix. They appear to have as good a shot as any club at contending in what is normally one of the toughest divisions in Major League Baseball.

"We're not necessarily where we want to be, but we're within striking distance with the venom to be able to make a run at it," said Blue Jays starter R.A. Dickey.

The Blue Jays have a pedestrian 20-20 record after 40 games, but that's still good for a share of second place in a division that is weaker than usual. Baltimore, which entered Wednesday's games in top spot at 20-17, is followed by three teams — Toronto, New York (19-19) and Boston (19-19) — who all have .500 records.

The Orioles have a lead of just 1 1/2 games, with only 4 1/2 games separating first



Brett Lawrie, Jose Reyes and Steve Tolleson celebrate after the Toronto Blue Jays defeated the Cleveland Indians 5-4 at the Rogers Centre Tuesday. DAVID COOPER/TORSTAR NEWS SERVICE

place from the last-place Tampa Bay Rays (17-23).

Toronto's offence has shown plenty of pop this season but the bullpen has had some trouble keeping leads. There have been a few injury concerns over the first six weeks but there is still a feeling the team can get the results it wants.

"I think last year we were a .500 team that was lucky to be .500. This year I feel

like we're a .500 team that should be five or six games over," Dickey said Wednesday at a promotional event in the city's west end. "That's a whole different feeling. If we can stay healthy and if we can pitch — and those are two big ifs — I think we're going to be in it at the very end and have an opportunity to give this city what it's longed for for 21 years."

The Blue Jays haven't

made the post-season since 1993 after winning the second of back-to-back World Series titles.

General manager Alex Anthopoulos overhauled the roster before the 2013 campaign but the team struggled to a 74-88 mark. He kept the tinkering to a minimum in the last off-season but it's too early to say whether that was the right approach.

THE CANADIAN PRESS

## Pens' future uncertain, Bylsma exit possible

Sidney Crosby will be back. Evgeni Malkin too.

After that, what happens to the Pittsburgh Penguins over another post-season disappointment is anybody's guess.

Dan Bylsma, the winningest coach in franchise history, may be out of a job. Ray Shero, the general manager who spent the last half-decade unsuccessfully trying to replicate the success of 2009, could also be gone.

When Crosby lifted the Stanley Cup in triumph on that warm night in Detroit

### On Game 7 again

## 3rd

The Pens' loss to the New York Rangers Monday was the club's third Game 7 defeat in five seasons since lifting the Stanley Cup in 2009.

five years ago, it was supposed to mark the beginning of hockey's next dynasty.

That hasn't materialized. A handful of maddening springs later, it might be time to move on. Bylsma allowed as

### In Boston

Go to metronews.ca for coverage of Bruins-Canadiens Game 7



## Ulissi bursts for stage win

The pack begins the fifth stage of the Giro d'Italia, leaving Taranto, Italy, for Viggiano, Italy, on Wednesday. A powerful final burst from Diego Ulissi helped the Italian cyclist win the stage while Australian rider Michael Matthews retained the overall leader's pink jersey. Ulissi came from behind with 150 metres to go to cross the line solo at the end of the 203-kilometre leg. FABIO FERRARI/THE ASSOCIATED PRESS

# 4 SPORTS

Today

29°/9°

Partly cloudy

Friday

20°/9°

Rain

Know what the weather will be 14 days from now.

Check the 14 day trend.

TWN incorporates MSG data



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 6 | 1 | 7 | 9 | 5 | 2 | 3 | 4 |
| 3 | 2 | 7 | 1 | 4 | 6 | 9 | 5 | 8 |
| 4 | 9 | 5 | 3 | 8 | 2 | 6 | 1 | 7 |
| 5 | 7 | 9 | 8 | 2 | 4 | 3 | 6 | 1 |
| 6 | 4 | 2 | 5 | 1 | 3 | 7 | 8 | 9 |
| 1 | 3 | 8 | 9 | 6 | 7 | 5 | 4 | 2 |
| 2 | 5 | 3 | 4 | 7 | 1 | 8 | 9 | 6 |
| 9 | 1 | 6 | 2 | 5 | 8 | 4 | 7 | 3 |
| 7 | 8 | 4 | 6 | 3 | 9 | 1 | 2 | 5 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 |   |   | 8 | 5 | 6 |   |   | 9 |
|   | 9 |   |   |   | 1 | 7 |   |   |
|   |   |   |   | 2 |   |   |   |   |
| 8 |   | 2 |   |   |   |   | 3 |   |
|   | 6 | 7 |   |   |   | 8 | 9 |   |
|   | 5 |   |   |   |   | 4 |   | 7 |
|   |   |   |   | 6 |   |   |   |   |
|   |   | 9 | 4 |   |   |   | 8 |   |
| 5 |   |   | 1 | 7 | 9 |   |   | 4 |

Horoscopes

♈ Aries

March 21 - April 20

People respond better to charm than to threats, so use the power of Venus in your sign to work your way around their defenses. You need to know when to exert pressure and when to stand back.

♉ Taurus

April 21 - May 21

There may be a clash of wills today but at least it will clear the air and remind certain people that just because you're a nice guy does not mean you are a pushover. This is your time of year and much is still possible.

♊ Gemini

May 22 - June 21

You won't be short of friends today, tomorrow and over the weekend as Mercury, your ruler, links with Venus, planet of harmony. What you do with others will be more enjoyable than what you do by yourself.

♋ Cancer

June 22 - July 23

It's OK to be forceful but sometimes you push too hard and turn people off. That should not be a problem today though as you find new ways to get along with work colleagues and people in positions of power. It's all about charm.

♌ Leo

July 24 - Aug. 23

No matter how many things may have gone wrong in your life in recent weeks your luck will change for the better today. Actually luck has little to do with it. It's your attitude that creates your world. Start smiling and winning again.

♍ Virgo

Aug. 24 - Sept. 23

Make it a priority to kiss and make up with someone you fell out with a while back. Most likely you are genuinely sorry you got angry about something that, with hindsight, looks absurdly trivial.

♎ Libra

Sept. 24 - Oct. 23

Let the people you feel closest to know how much you need them and appreciate them and love them. It's not true that Librans lack emotion and anyone who thinks that will have no choice but to think again over the next 24 hours.

♏ Scorpio

Oct. 24 - Nov. 22

You could fall out with a work colleague or someone in authority today. It's OK to fight your corner, of course, but be sure in your mind that you are right and they are wrong. If there's any doubt it might be wise to back off.

♐ Sagittarius

Nov. 23 - Dec. 21

You seem more relaxed about life and affairs of the heart. You also seem a lot less concerned with what others think about what you are doing. If it feels right to you, carry on.

♑ Capricorn

Dec. 22 - Jan. 20

All sorts of opportunities are opening up for you now but they will be a lot more fun if you invite family and friends to join you on your journey. Make sure what you do for yourself you do also for the people care for.

♒ Aquarius

Jan. 21 - Feb. 19

Someone new will come into your life today. Is it a true love match or is it just a passing fancy? You may not know for sure until later in the year but if it's making you smile now it can't be all bad. Enjoy!

♓ Pisces

Feb. 20 - March 20

Business affairs will go better today if you turn on the charm and let would-be partners know you are happy to work with them. There's more than enough profit to go around, so don't be greedy.

Spot the differences in the pictures, not your phone bill.

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See today's answers at [metronews.ca/answers](http://metronews.ca/answers).  
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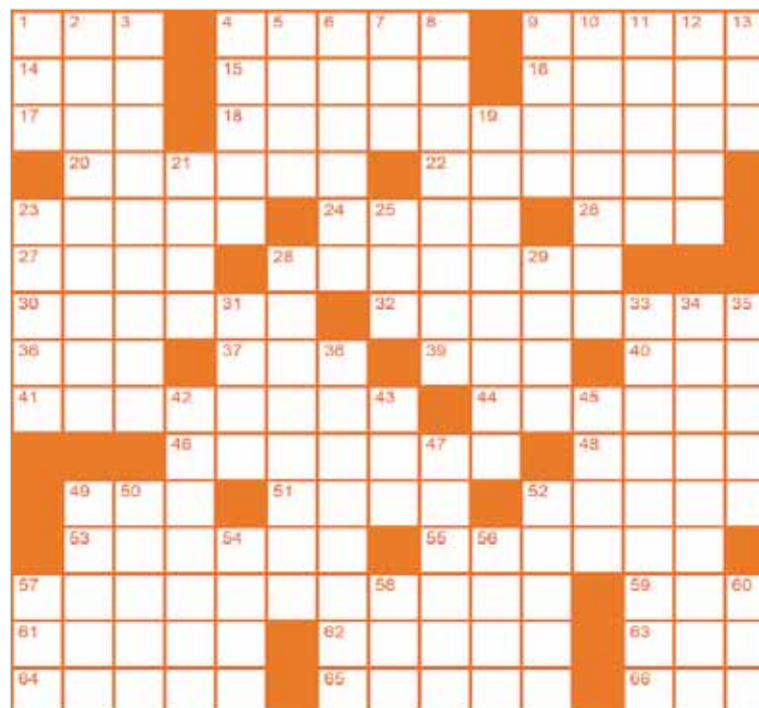
### Yesterday's Crossword



### Crossword: Canada Across and Down

#### Across

1. Between G-J keyboard letter, repeated
4. Groups, briefly
9. Poet's 'close by'
14. Ghoul's cry!
15. Swift descent
16. British singer Emeli
17. Internet's 'incidentally'
18. 1969 Guess Who album: 2 wds.
20. Picasso's fashionable daughter
22. Smooth
23. Sacha Baron Cohen character
24. Pop \_\_ (Archie Comics character)
26. Hillary Clinton was a Sen. here
27. Solar deity, variantly
28. Continue: 2 wds.
30. Get married: 3 wds.
32. Canadian singer Victoria (See #57-Across for more!)
37. Mr. Waxman's
39. Radio output, briefly
40. \_\_-disant (Self-styled)
41. Rice alternative
44. Escalate: 2 wds.
46. Shrines
48. Skating great Ms. Thomas
49. Oklahoma city
51. Glow



52. Actress Dianna
53. Hair dryer brand
55. Boucherville 'boat'
57. Line in #32-Across' new single "More Than Friends" that's quite fitting for a crossword: "We fit together like a \_\_..."
59. Utmost degree
61. Rob
62. Doesn't \_\_ expected (Finishes in a stunning way)
63. Energy
64. Brains
65. Posh 'no'
66. Years: French

#### Down

1. Fireplace shelf
2. Passing-an-object quickly game: 2 wds.
3. "What's new?": 3 wds.
4. Tie type
5. Used the pool
6. Piano piece
7. \_\_ sequitur
8. Range
9. "...\_\_ forgive those who trespass..."
10. NWT: \_\_ National Park Reserve
11. Hostile human
12. All in \_\_ work
13. Former mil. General's abbr.
19. "The Apprenticeship of Duddy Kravitz" (1974) star

- Richard
21. Ms. O'Grady
23. General
25. 'Dull' suffix
28. \_\_-Britannique (Pacific province, in French)
29. "The Pride \_\_ \_\_. Louis" (1952)
31. Fish kind
33. Jazz singer Ms. Spalding
34. Christian \_\_ (Red-soled shoes luxury brand)
35. Use, as party platter sauce: 2 wds.
38. Dog or cat (or bird, hamster, etc.) for a comic book caped hero type: 2 wds.
42. Poem parts
43. Mid-'70s kidnappers
45. Fringe
47. In-a-military-unit war correspondents
49. Intense
50. Twelve
52. "Time is \_\_ of trouble..." - Emily Dickinson
54. Ballet move, Pas \_\_
56. Open \_\_ of worms
57. Letter-writer's li'l afterthoughts
58. Magician's name suffix
60. Some printers, e.g.



ANSWERS: 1. Shoe is a new colour; 2. The phone is a different colour; 3. Extra bead is added to necklace; 4. The top of the glass jar is removed; 5. The bracelet is removed.

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